



Lifelong  
Learning  
Programme

# The Activities of Beta Klinik nurses



*This project has been funded with support from the European Commission.*

*This publication reflects the views only of the author, and the Commission cannot be held responsible for any use which may be made of the information.*

**Authors:** Marjan Khobreh and Robin Fay

**Institution:** Institute of Knowledge Base System, University of Siegen

**Date:** 05.03.2013

**Version:** 1.0

---

## Table of content

1	Daily Activities of Beta Klinik nurses .....	3
2	Station related activities .....	8
3	What's up in the station in the morning? .....	10
4	What's up in the station at night? .....	11
5	Post OP (LVC = Lumbar vertebral column, CS = cervical spine) standards .....	12
6	Standard after vascular surgery, e.g. Angiographies, Stent implantation.....	13

## 1 Daily Activities of Beta Klinik nurses

Shift	Start time	Finish time	Daily activities	Task Area	Sub task	Competences
Morning shift	8:00	8:30	Receive the report from the night shift nurses	Organization	Discussion with night shift nurses/ nursing students	- Teamwork
	8:30	10:00	Tidy rooms	Organization - Service	Clean up and ventilate the room	- Flexibility
			Visit and look after the patients and talk with them.	Implementation of care	1) Check pain, movement, wounds and bandages. If necessary: - Change bandages (if they are bloody) - Give pain killers (only required medicines in the authorization of the nose) - Contact to doctor 2) Help them to: -Take a shower, -Wash teeth and mouth,	- Restrictions in communication activities, movement activities, activities of daily living, interpersonal behavior. - Provision of Neuro-palliative care. - Provision of support, advise, prevention and information. - Implementation of instrumental technical care. - Coordination of care.

					-Dress up	
			Give feedback to the doctor	Care Planning	Give a report of: -Pain, -Movement, -Blood pressure	- Formulate the intended result of the nursing care - Choosing a nursing intervention.
			Serve meal	Organization - Service	Prepare breakfast, clean up after serving breakfast.	- Flexibility.
	<b>10:00</b>	<b>11:00</b>	Documentation of Medical Situation (IT-Tool: "Medavis")	Organization	-Prepare work plan for the other nurses (only a specific nurse does this task) - Document the medical situation of the patients.	- Usage of information systems
	<b>11:00</b>	<b>12:00</b>	Visit the patients	Implementation of care	Documentation of the situation of: -pain, -Movement, -Blood pressure, ...	- Restrictions in communication activities, movement activities, activities of daily living, inter personal behavior. - Provision of neuro-palliative care. - Provision of support, advise, prevention and information. - Implementation of instrumental technical care. - Coordination of care.

<b>Late shift</b>	<b>12:00</b>	<b>14:00</b>	Serve a meal	Organization - Service	Serve lunch and clean up after it.	- Flexibility
	<b>14:00</b>	<b>15:00</b>	Visit the patients	Implementation of care	Documentation of the situation of: -Pain, -Movement, -Blood pressure, ...	<ul style="list-style-type: none"> <li>- Restrictions in communication activities, movement activities, activities of daily living, interpersonal behavior.</li> <li>- Provision of Neuro-palliative care.</li> <li>- Provision of support, advise, prevention and information.</li> <li>- Implementation of instrumental technical care.</li> <li>- Coordination of care.</li> </ul>
	<b>15:00</b>	<b>16:00</b>	Serve coffee	Organization - Service	-Serve coffee - Clean up	-Flexibility
	<b>16:00</b>	<b>20:00</b>	Visit the patients	Implementation of care	Documentation of the situation of: -Pain, -Movement, -Blood pressure, ...	<ul style="list-style-type: none"> <li>- Restrictions in communication activities, movement activities, activities of daily living, interpersonal behavior.</li> <li>- Provision of Neuro-palliative care.</li> <li>- Provision of support, advise, prevention and information.</li> <li>- Implementation of instrumental technical care.</li> <li>- Coordination of care.</li> </ul>

			Serve a meal	Organization - Service	Serve dinner and clean up after it.	- Flexibility
			Accompany the doctor to visit the patients	Organization	-Ask doctor to sign the nursing documentations -Document the diagnosis of doctors.	-Teamwork
			Insert documentation on PC	Organization		Usage of information systems
<b>Night shift</b>	<b>20:00</b>	<b>8:00</b>	Observe patients	Implementation of care	They don't have any on call doctor; in case of emergency they call an ambulance.	<ul style="list-style-type: none"> <li>- Restrictions in communication activities, movement activities, activities of daily living, interpersonal behavior.</li> <li>- Provision of Neuro-palliative care.</li> <li>- Provision of support, advise, prevention and information.</li> <li>- Implementation of instrumental technical care.</li> <li>- Coordination of care.</li> </ul>

The nurses mentioned that:

- The difficult activities for them in Beta Klinik are:

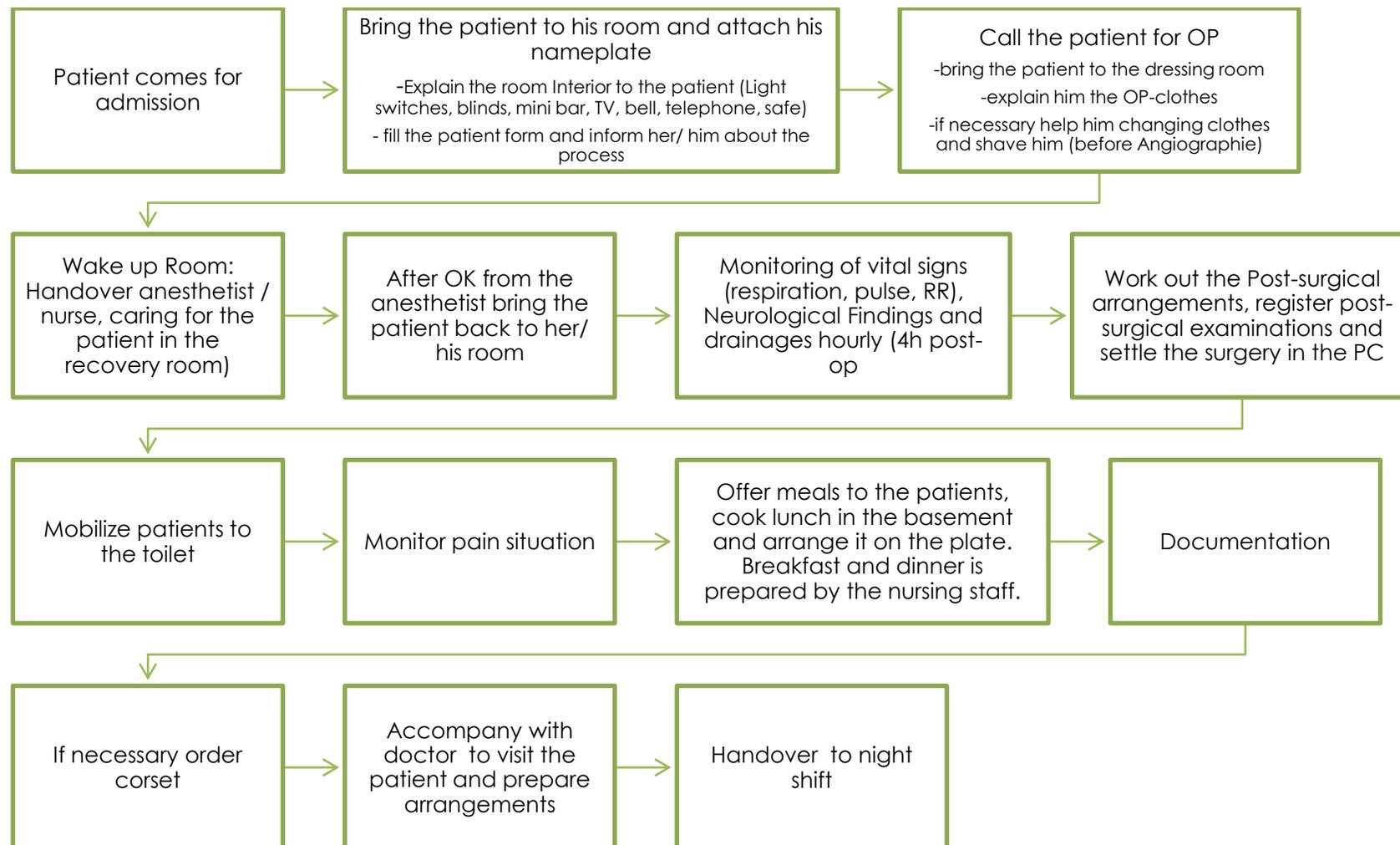
- They should be aware of different cultures and be flexible,
- At night no doctor is available,
- Be ready for unexpected situations
- They added the difficulty doesn't happen so often.
- The difference between Beta Klinik and the other hospital are:
  - Services,
  - In Beta Klinik they don't have a hierarchy for nurses; each nurse should do all of tasks from basic to management.
  - Look after patient more.
- They noticed that they use all of the knowledge that learnt in school. Also to improve of knowledge of nurses some lectures take place in Beta Klinik by doctors.

## 2 Station related activities

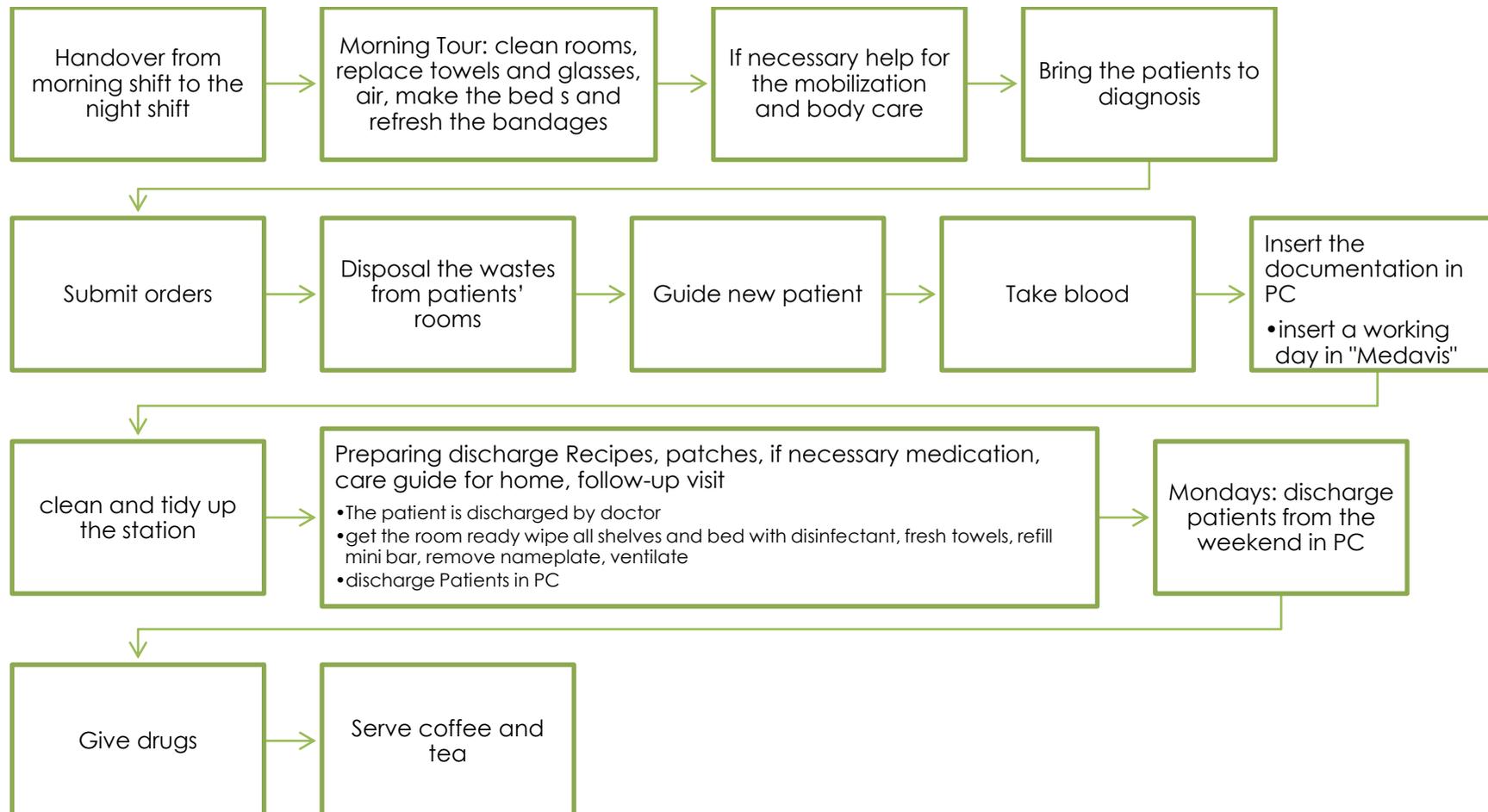
- Transfer patient documents to the respective subsequent shift
- Visiting of all rooms several times a day
- Cleaning up the dishes
- If necessary: remove the PCA - pump, „Access“, Drainage or pressure bandages, as well as daily changes of bandages of all patients
- If necessary help with mobilization or body care
- Making beds
- Clean room and ventilate
- Change towels and glasses
- Accompany the doctors when they visit the patients and work out their orders
- Admission of new patients on the ward
- Submit orders
- Disposal of the wastes from patients' rooms
- Take blood
- Tidy station and clean with disinfectant
- Ask the patients about desired lunch and heat food in oven
- Serve meals
- Clean up dishes

- Serve coffee
- Accompany patients to the surgical dressing room and help them to change clothes for the OP
- Monitor surgical patients in the recovery room
- Transfer the patient to the room and monitor him/her more closely for upcoming hours
- Mobilization of surgical patients
- Clean up room of discharged patients and recondition the room
- Accompanying a patient for diagnosis
- Prepare Medication for the next day
- Give medications
- Insert documentation in PC

### 3 What's up in the station in the morning?



## 4 What's up in the station at night?



## 5 Post OP (LVC = Lumbar vertebral column, CS = cervical spine) standards



## 6 Standard after vascular surgery, e.g. Angiographies, Stent implantation

