

## Follow-up Questionnaire for participants in the training measure „Personal Competence Consulting“

Duration of participation in the training measure: \_\_\_\_\_

**1. What was your situation before you participated in the training measure?  
(please tick the appropriate)**

- employee on the 1st Labour Market
- employee in a placement promoted by the Labour Office
- receipt of unemployment benefit
- receipt of social benefit
- without benefits
- self-employed
- others:.....

**2. Has your situation changed now?**

- yes                       no

**3. If your situation has changed, please tick what change has arrived.  
(If no, please continue with question 4)**

- You found a job on the 1st Labour Market.
- You found a job promoted by the Labour Office.
- You got a new job in the same enterprise.                       yes       no  
It was a promotion
- You have changed into another enterprise.
- You have founded your own enterprise.
- You are just attending a vocational training, further education or re-training.
- You are in an application procedure.  
For which job:.....
- Another situation  
Which one?.....

Current profession, current job, current training measure, you are in right now:  
.....

**4. In general you are:**  
 (1 = discontented, 2 = not very contented, 3 = contented, 4 = very contented  
 → please encircle the appropriate number)

- |   |   |   |   |   |
|---|---|---|---|---|
| ➤ with the welcome in the institute                   | 1 | 2 | 3 | 4 |
| ➤ with the individual conversations                   | 1 | 2 | 3 | 4 |
| ➤ with the documents that were made available for you | 1 | 2 | 3 | 4 |
| ➤ with the Synthesis Paper                            | 1 | 2 | 3 | 4 |
| ➤ with the Competence Balance in general              | 1 | 2 | 3 | 4 |

**5. The Competence Consulting was useful:**

- |  | yes                      | no                       |
|--|--------------------------|--------------------------|
| ➤ to analyse your professional career                          | <input type="checkbox"/> | <input type="checkbox"/> |
| ➤ to carve out your professional interests / motives           | <input type="checkbox"/> | <input type="checkbox"/> |
| ➤ to recognise your skills and competences                     | <input type="checkbox"/> | <input type="checkbox"/> |
| ➤ to evaluate your general knowledge                           | <input type="checkbox"/> | <input type="checkbox"/> |
| ➤ to define one / several professional plans                   | <input type="checkbox"/> | <input type="checkbox"/> |
| ➤ to determine means and steps for returning into working life | <input type="checkbox"/> | <input type="checkbox"/> |
| ➤ to determine means and steps for professional changes        | <input type="checkbox"/> | <input type="checkbox"/> |
| ➤ in the search for work                                       | <input type="checkbox"/> | <input type="checkbox"/> |

**6. Did you use after the training measure „Personal Competence Consulting” the Synthesis Paper or your work file again?  
 (If no, please continue with question 7)**

- If yes, for which purpose?*
- |  | yes                      | no                       |
|--|--------------------------|--------------------------|
| ➤ for job seeking (CV, interview)                            | <input type="checkbox"/> | <input type="checkbox"/> |
| ➤ for vocational training, further education or re-training  | <input type="checkbox"/> | <input type="checkbox"/> |
| ➤ towards the employer, the human resource manager, the boss | <input type="checkbox"/> | <input type="checkbox"/> |
| ➤ In other ways  | <input type="checkbox"/> | <input type="checkbox"/> |

namely.....

- in which way did you use the material?*
- |  | yes                      | no                       |
|--|--------------------------|--------------------------|
| ➤ I showed parts of them to others                   | <input type="checkbox"/> | <input type="checkbox"/> |
| ➤ I showed all material to others                    | <input type="checkbox"/> | <input type="checkbox"/> |
| ➤ I used the material as template to write something | <input type="checkbox"/> | <input type="checkbox"/> |
| ➤ in other ways,                                     | <input type="checkbox"/> | <input type="checkbox"/> |

namely.....

