

## "FORMACIÓN PARA LA CALIDAD DE VIDA"

2012-1-ES1-LEO05-50612

<http://www.adam-europe.eu/adam/project/view.htm?prj=9877>

## Project Information

Title: "FORMACIÓN PARA LA CALIDAD DE VIDA"  
 Project Number: 2012-1-ES1-LEO05-50612  
 Year: 2012  
 Project Type: Transfer of Innovation  
 Status: completed  
 Country: ES-Spain  
 Marketing Text: Course to train trainers working with persons belonging to groups at risk of social exclusion.

Summary: FORCAVI emerged from the need to harmonising the response that different organisations are giving to the people at risk of exclusion, their expectations and the need to have their own life project. This project's goal was to provide direct care professionals, regardless their working experience, with the necessary basic skills to make this need come true. The FORCAVI partner organisations already implemented several projects together, both bilaterally and multilaterally; as a matter of fact, this project was originated by a Grundtvig Learning Partnership (Chance Project) during which the partner organisations came to know the training course of AFANIAS called "El compromiso con las personas con discapacidad intelectual" (Commitment to the people with intellectual disabilities), and considered that it could respond to new needs that had been detected by them. The FORCAVI tangible result has been a module-made training/awareness course about "Quality of Life" in which the module concerning the "Rights" has been given by a trainer (trained by the project's member to this end) from one of the groups at risk of exclusion the partner organisations work for. This course, now the course is ended, has been made available free of charge to be used by organisations that might consider it relevant. Also, a shift in the professional mindset and the organisational structure was very much expected as the aim was to change a left to right way of thinking (organisation->programmes->people), which is actually the one our organisations typically have, to a right to left approach (organisation<-programme<- person). To our understanding, FORCAVI has had an impact on: direct care professionals, organisations, and above all, people belonging to groups at risk of exclusion.

Description: The "Quality of Life" Model was presented by AFANIAS, within the context of the Chance Project, developed in the framework of a Grundtvig Learning Partnership, and during the visit that all the Partners made to AFANIAS, in Spain, as a support methodology to care for people with intellectual disabilities; different experiences that were considered best practices were discussed about from this perspective and the conclusion was drawn was that it has a very positive impact on the life of people; all the Partners indicated that this is a very new methodology that could very well satisfy the needs of all the organisations regarding the expectations the target groups refer to in this connection. For this reason, a debate was made to talk about the possibility of exporting the training in this methodology to other geographical and also sectorial contexts. These conclusions can be seen in the Final Report of the Project and in the Collection of Best Practices produced during the Project (Both documents are available upon request of the National Agency). After the Project was completed satisfactorily, the partner contacted AFANIAS to submit a "Transfer of Innovation" Project in order to check the applicability and generalisation of this model/methodology, on the one hand, and the efficiency of the FORCAVI Training Course, on the other hand, as a dissemination element. Hence, this project responds to the need clearly expressed by the Partners of adjusting the offer of services to the expectations of the people belonging to groups at risk of exclusion cared for by the different European organisations that participate in the Project, especially the need to seek new social responses to promote the improvement of the quality of services, on the basis of efficiency and usefulness to put the person at the core of care and support projects. One of the original keys of this course is the module on the RIGHTS of people belonging to groups at risk of exclusion (in the case of people with intellectual

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disabilities, this module is based on the UN Convention of 2006 subscribed by the European Union). The trainers of this module belong to groups at risk of exclusion, and have been previously trained to this effect. This particularity has the additional impact of favouring a change in the role these people have as they move from being passive individuals in the professional intervention to becoming active subjects who are able to contribute to the training of professionals.

- Themes: \*\*\* Quality  
 \*\*\* Lifelong learning  
 \*\*\* Open and distance learning  
 \*\*\* Vocational guidance  
 \*\*\* Access for disadvantaged  
 \*\*\* Equal opportunities  
 \*\*\* Continuous training
- Sectors: \*\*\* Education  
 \*\* Administrative and Support Service Activities

Product Types: teaching material  
 modules  
 CD-ROM

Product information: The FORCAVI training/awareness course on "Quality of Life" is a course given at AFANIAS as initial or ongoing education of 360 direct care professionals, organised in 24 groups. This training course has been given with very satisfactory results as shown in the satisfaction surveys produced.

The course is divided into modules:

1. The QUALITY OF LIFE Paradigm
2. The RIGHTS of people at risk of exclusion, UN Convention
3. Planning of services  
 LEFT TO RIGHT THINKING  
 Service » Programme » Person  
 RIGHT TO LEFT THINKING  
 Service « Programme « Person
4. "Support" Paradigm
5. Conclusions and evaluation

The originality and the difference of the training course lay on the change in the role the different services and programmes promote among the people we support. This course promotes the transformation of the professionals' way of thinking and it facilitates the take on the new socially demanded role that is expressed by the people, meaning: "From a service centred process to a person centred process, his/her welfare and quality of life".

Choosing FORCAVI responds to a completely new training approach that values the people's aspirations, putting them at the centre of the professional action. This tool or module has been designed and verified by AFANIAS, taking into account the expectations of people with intellectual disabilities; once the partners came to know it we believed it could help to respond, after the appropriated adaptation, to the aspirations of people with intellectual disabilities in other geographical contexts and of people in other groups at risk of exclusion.

FORCAVI was firstly given by AFANIAS trainers as it was given during the Project to a group of at least four (4) professionals from the different partner organisations. After each module, a special time was allotted to make the necessary clarifications and reflexions, and the appropriated sectoral and/or geographical adaptation was made.

Once this phase was completed, an adaptation group was set up in each organisation, made up by the people who participated in the FORCAVI course and the other professionals that the organisation finds adequate. This group was called the "adaptation group" and had a trainer of reference from AFANIAS as an external online consultant who worked on site and in virtual meetings in order to harmonise the adaptation. This group was also responsible for the translation into the other

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languages of the course, as a starting point of the adaptation. One of the most relevant part to be adapted was the one that refers to the RIGHTS; this adaptation should take into account not only the geographical and sectoral adaptation but also the fact that it must be given by someone belonging to the group at risk of exclusion. Having a trainer with these characteristics is not a common situation. For this reason, the "adaptation group" included all the necessary measures to make it possible and satisfactory.

In a later phase, and once the adaptations were approved by consensus, the course was given in each country to at least 30 professionals who also committed to make an evaluation in order to introduce the necessary improvements that were agreed upon by consensus in the last phases of the project, in order to achieve the final project course.

Projecthomepage: [http://www.afanias.org/forcavi/forcavi\\_es.html](http://www.afanias.org/forcavi/forcavi_es.html)

## Project Contractor

Name: Asociación Pro Personas con Discapacidad Intelectual  
City: Madrid  
Country/Region: Comunidad De Madrid  
Country: ES-Spain  
Organization Type: association/non-governmental organisation  
Homepage: <http://www.afanias.org>

## Contact Person

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## Partner

### Partner 1

Name: Artha srl  
City: Palermo  
Country/Region: Sicilia  
Country: IT-Italy  
Organization Type: others  
Homepage:

### Partner 2

Name: Kézenfogva" Összefogás a Fogyatékosokért Alapítvány  
City: Budapest  
Country/Region: Extra Regió  
Country: HU-Hungary  
Organization Type: others  
Homepage: <http://www.kezenfogva.hu>

### Partner 3

Name: The Social Integration State Agency  
City: Jurmala  
Country/Region: Latvija  
Country: LV-Latvia  
Organization Type: others  
Homepage: <http://www.siva.gov.lv>

## Project Files

### 1.2 Contents\_English (Intellectual Disability).pdf

[http://www.adam-europe.eu/prj/9877/prj/1.2%20Contents\\_English%20%28Intellectual%20Disability%29.pdf](http://www.adam-europe.eu/prj/9877/prj/1.2%20Contents_English%20%28Intellectual%20Disability%29.pdf)

FORCAVI Course and contents. This course (PowerPoint) is aimed to professional staff who work for people with intellectual disabilities

### 5.2 Contents\_English \_Social Exclusion\_.pdf

[http://www.adam-europe.eu/prj/9877/prj/5.2%20Contents\\_English%20\\_Social%20Exclusion\\_.pdf](http://www.adam-europe.eu/prj/9877/prj/5.2%20Contents_English%20_Social%20Exclusion_.pdf)

FORCAVI Course and contents. This course is aimed to professional staff who work for people at risk of social exclusion

## Products

- 1 FORCAVI final version

## Product 'FORCAVI final version'

Title: FORCAVI final version

Product Type: others

Marketing Text: To understand FORCAVI, we should take into account that supporting and care services that work for people at risk of social exclusion are based on a "right to left thinking". Thanks to this training, we want to create a "left to right thinking": professional staff should raise awareness about understanding that each person should be asked what he/she wants to do and how, taking into account his/her expectations and decisions. This course provides training for professional staff involved in working with these groups.

Description: Final FORVACI course, made of PowerPoint, consisting on the course and methodology, questionnaire on the rights and documents related to the dynamics (What do you carry in your backpack?, Who is Jorge?)

Target group: People at risk of social exclusion and supporting staff

Result: FORCAVI Final Course

Area of application: It is a longlife course aimed to trainers, teachers and direct care staff who work people belonging to groups at risk of social exclusión and people with intelectual disabilities, in order to implement intervention methodologies based on Quality of Life.

Homepage:

Product Languages: English

## Events

### Fifth Transnational Meeting and Seminar

Date 13.11.2014

Description Presentation of the Final Course and seminar given by professional staff from different centres and services. In this seminar, the sustainability of the results was assessed.

Target audience Partner Entities and Professional Staff related to the implementation of the FORCAVI Course in AFANIAS.

Public Closed event

#### Contact Information

Time and place Madrid, Spain 13-14 November 2014

### Forth Transnational Meeting

Date 03.04.2014

Description Presentation of the FORCAVI Course development in each country by the partners. Information about the process and actions in order to assess the course in each country as well as the changes proposed by each partner, at sectoral and geographical level.

Target audience Partner Entities

Public Closed event

#### Contact Information

Time and place Budapest, Hungary 3-4th April 2014

### Third Transnational Meeting

Date 18.11.2013

Description Presentation of Initial analysis by the partners and translation into each language to implement this course in each country

Target audience Partner Entities

Public Closed event

#### Contact Information

Time and place Palermo, Italy, 18-19th November 2013

## Events

### Second Transnational Meeting

Date 09.05.2013

Description Two contents: follow-up the project from a management point of view; and teaching the original course of AFANIAS to professionals from the Partner Organisations. Set-up the Adaptation Team and working plan for this Team.

Target audience Professionals from the Partner Organisations selected to the end: trainers and carers of people from groups at risk of exclusion.

Public Event is open to the public

#### Contact Information

Time and place Jurmala, Latvia. May 9-10, 2013

### Project Kick-off Meeting

Date 29.11.2012

Description The project will start in Madrid on November 29-30 with the participation of the 4 members of the Partnership.

Target audience Partnership members

Public Event is open to the public

Contact Information [amartinez@afanias.org](mailto:amartinez@afanias.org)

Time and place November 29-30, Madrid, Spain.