

Aims of the project

CPS +45 aims at responding to the aging of the European workforce:

- **Accompanying +45 workers wishing to change jobs or being laid off, which then impose a career transition**
- **Proposing different modules to consider a new start in their career.**
- **Promoting specific tools for persons who have not looked for a job during a long period.**

It is our aim to achieve:

- Trained training organisation will multiply CPS+45 on their own territories
- Companies which will have been partners of the project, will integrate those tools in their management of human resources

Project Partners



GROUPE ITG



Fondo Formacion Euskadi



BAHCESEHIR UNIVERSITY



IEKEP



ISQ



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Developing a Career Pole Star System to Increase Employability Rate for +45 Workers

CPS + 45

<http://www.cpsplus.eu>

<https://www.facebook.com/cpsplus>

Introduction

It is a major concern of partners resulting from an employment situation of older workers about difficulty and a very low access of seniors to training about career management.

The lack of training undermines older workers and especially does not make easy the adjustments and improvements to workstations that are needed to promote active aging in Europe.

CPS+45 aims at responding to the aging of the European workforce and the ever increasing number of older workers.

Today, it is common for + 45 workers to decide to change one's field of activity or jobs. This situation can be chosen (new professional aspirations) or imposed (closing of a business).

CPS partners means that a following up of those people is necessary in such situation.



CPS +45 offers:

- A distance learning platform finalized and offering an individualized monitoring
- An online "Train for trainers" module
- A better understanding of active aging in companies



Project Outputs

The project develops 5 training modules, including a training for trainers module:

- **Módulo 1: Dealing with change**
- **Módulo 2: Looking for a job**
- **Módulo 3: Communication**
- **Módulo 4: Individual Skills**
- **Módulo 5: Train of trainers**

