



METHODOLOGY TO TRAIN THE TRAINERS

TRANSFERRING ASPASIA TO GREECE AND BULGARIA

Anziani e non solo società cooperativa



Report by

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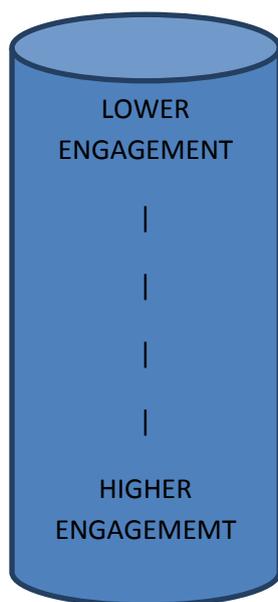
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INTRODUCTION

The aims of a training for trainers action can be various and foreseen different level of engagement from participants:



- Raise awareness on the need to strengthen the skills of domestic care workers
- Engage trainers and professionals in the dissemination of the SET CARE tool towards potential users they might get to know because of their professional role
- Integrate the SET CARE tool in the service they provide
- Use the SET CARE tool as a didactic support to directly provide training to domestic care workers

This document aims to provide suggestions to develop the training for trainers contents, according to the possible different requests of engagement.

This report can be usefully read in connection with the "Exploitation of the SET CARE tool" one.

LEVEL 1 - AWARENESS RISING

Also in view of exploitation activities, it is important to raise awareness among stakeholders about the need to support the qualification of domestic care workers.

Contents of a presentation might include:

1. Demographic and epidemiological information about older persons in Greece and Bulgaria: who are the "oldest old", which kind of illnesses they have, which kind of disabilities they have, which kind of assistance they would need.

📍 Sources of information can be:

WHO – Data and statistics – www.who.int

European Union – Public Health - http://ec.europa.eu/health/index_en.htm

Of course, local data and statistics

2. Information about who is currently providing care (i.e. domestic care workers): who they are, which are their backgrounds, qualifications, skills, barrier to access training, etc...

📍 Source of information can be:

SET CARE report on target population -

<http://www.setcare.eu/index.php/en/publications/target-population>

3. A demo presentation of SET CARE as a tool that can strengthen the skills of this target group.

LEVEL 2 – SUPPORT TO DISSEMINATION

When the aim of the presentation is to engage stakeholders in supporting the dissemination of information about the SET CARE course towards their users / contacts, it is important to **add to the contents of level 1** the following information:

1. How useful the training tool proved to be for participants to pilot testing? It's important to give evidence of usefulness and fitness for purpose of the tool and to prevent "prejudices" against the use of ICT for vulnerable groups.

 Source of information can be:

SET CARE report on pilot phase

<http://www.setcare.eu/index.php/en/publications/report-on-pilot-phase>

2. Which is the procedure to participate to the SET CARE e-learning course? Since these stakeholders might address you participants to the course, it's important they know exactly which is the procedure to register, if there is any pre-requirement, cost to bear etc. and if the skills of the person will be assessed or not. Also, they might be interested to know if the person, at the end of the course, will receive any kind of certificate and which would be the legal value of it.

 Document to be prepared:

It will be useful to prepare a sort of memo, i.e. a short document reporting all the information they might need to understand if and how a potentially interested participant might be addressed to you.

Additionally, copies of the project leaflet should be left to them for distribution.

LEVEL 3 – INTEGRATION INTO EXISTING ACTIVITIES

As explained also in the document “Exploitation of SET CARE tool”, the impact of the tool as well as its sustainability could be boosted by the integration of it into existing services.

In this case, **in addition to the contents of level 1 and 2**, it might be interesting to:

1. Make a presentation – in form of case studies – of how the tool has been used in Italy in integration with existing services.

 Source of information can be:

The Report on Exploitation of SET CARE tool – section about case studies

Video interviews to Italian professionals who have integrated the e-learning course into their services.

2. Engage participants in a brainstorming / focus group session aimed to discuss:
 - to which extent the Italian experiences could be applied in Greece and Bulgaria or how they could be adapted to fit the local situations
 - which would be the positive consequences / added value of it
 - which would be the potential obstacles and how they could be overcome

LEVEL 4 – SET CARE AS A DIDACTIC SUPPORT FOR TRAINING CLASSES

As explained also in the document “Exploitation of SET CARE tool”, the e-learning course could usefully be integrated in projects aimed to provide training classes for care workers. In this case, the SET CARE can be used as a didactic support of blended courses, to be integrated with courses given by experts and professionals.

In this case, **in addition to the contents of level 1,2 and 3** it might be advisable:

1. to illustrate how to integrate the e-learning course with classes, suggesting a training model and giving hints to teachers about how they could best deliver their lessons for a better integration with SET CARE.

 Source of information can be:

The Report on Exploitation of SET CARE tool – section about blended learning

2. To engage participants in a brainstorming / focus group about:
 - How do they see the use of SET CARE as an integrative tool for training classes
 - Which opportunities / obstacles they see to its use