



• H • E • P • P • Y •

Heppy Progress Report Public Part

Project information

Project acronym: Heppy

Project title: Heppy - Healthcare: Parents Pathways
and functional profile

Project number: 517927-LLP-2011-IT-LEONARDO-LMP

Sub-programme or KA: Multilateral Projects – Development of Innovation

Project website: <http://heppy.projectize.eu/>

Reporting period: From 01/11/2011
To 31/10/2012

Report version: 01

Date of preparation: 27/11/2012

Beneficiary organisation: Presidio Sanitario Gradenigo

Project coordinator: Sabrina Grigolo

Project coordinator organisation: Presidio Sanitario Gradenigo

Project coordinator telephone
number: +39 011 8151548

Project coordinator email address: sabrina.grigolo@h-gradenigo.it

This project has been funded with support from the European Commission.

This publication [communication] reflects the views only of the author, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

© 2008 Copyright Education, Audiovisual & Culture Executive Agency.
The document may be freely copied and distributed provided that no modifications are made,
that the source is acknowledged and that this copyright notice is included.

Executive Summary

1. CONTEXT

In defining the strategies for taking care of people affected by chronic pathologies and disabilities it is assuming a growing importance the choice of combining the medical assistance provided to the patient in Hospital and the assistance at home, according to a perspective of permanent and continuous care. Successful experiences are starting to be experimented in order to deal with healthcare needs and resources in the framework of an holistic, systemic and humane approach to medicine that puts the person, family and relatives and not only the patient at the centre of the health care service,

2. TARGET GROUP

The project is addressed to:

1. Professional Health Carers
2. Patients with disabilities or chronic diseases
3. The Health Sector Community

3. OBJECTIVES

The “Heppy” project intends to provide professionals of health care that deliver medical care and assistance at home to patients with chronic diseases and disability with the skills to acknowledge and understand the personal stories, character, attitudes, and cultural interests of the patient and how these are affected by the pathology, by combining two different approaches: Narrative medicine and Methodology of parents’ pedagogy.

4. PARTNERS INVOLVED

9 organisations in 7 different European countries are involved in the Heppy Project. The project partners represent Hospitals, Medical Associations, Research Centres, Training Agencies, Universities and Educational Institutions. Each one of them is bringing to the project a different perspective and expertise.

5. RESULTS

The project’s main results achieved up to now are:

1) Network of Professional Health Carers and Patients

The partners involved a number of professional health carers and patients with their relatives at national level in six European countries participating in the project.

2) Database of reviews of publications

The partners collected and reviewed main publications available at national level in six European countries involved, on health assistance in hospital and at home of patients with chronic diseases and/or disabilities. The publications include: researches, reports, books, articles, web articles, laws, regulations, etc. The reviews were made in English and in the national languages.

3) Database of Case Studies

The partners collected and selected case studies, available at national level in six European countries involved, on health assistance in hospital and at home initiatives. The case studies were presented both in English and in the national languages.

4) Database of Best Practices

The partners Selected and described a number of Best Practices in the field of organising, managing and delivering health assistance in hospital and at home. The best practices were presented both in English and in the national languages.

5) Reports on National Situations and Transnational Report

Through the main bibliographic references available in the field (Database of Reviews of Publications, Database of Best Practices) and the analysis of direct experiences (Database of Case Studies, Database of Best Practices) each partner created a National Report on the situation existing in the country as far as health care assistance in hospital and at home is concerned. The Transnational Report is produced highlighting similarities and main differences among the countries involved.

6) European Knowledge Profile for Professional Health carers

The most important result of the transnational report is the identification of the Home Health Carer Profile. The profile defines the skills and knowledge to be possessed in order to assist patients with disabilities and chronic diseases taking into account the combination of social, economic and cultural needs.

7) Course Contents

Each partner created a module of the course addressed to professional health carers and aimed at teaching the skills and knowledge to be possessed in order to assist patients with disabilities and chronic diseases taking into account the combination of social, economic and cultural needs. Each module was reviewed by another partner. This way, each partner was assured at least one feedback on the material produced. Health carers could also give their feedback on the material produced. The partners have created the following course modules:

1. Health Promotion Policies and Strategies
2. Hospital and Professional Medical Assistance
3. Organisation of Home Care
4. Insertion of People with Disabilities in the Job Market
5. Vocational Training for Health Carer Professional Workers
6. University Level Courses for Health Carer Professional Workers
7. Validation of Skills in Training initiatives for Health Service Staff

TABLE OF CONTENTS

1. Project Objectives	6
2. Project Approach	7
3. Project Outcomes & Results	9
4. Partnerships	14
5. Plans For The Future.....	17
6. Contribution To Eu Policies	18

1. Project Objectives

The project intends to provide professionals of health care that deliver medical care and assistance at home to patients with chronic diseases and disability with the skills to acknowledge and understand the personal stories, character, attitudes, and cultural interests of the patient and how these are affected by the pathology, by combining two different approaches: Narrative medicine and Methodology of parents' pedagogy.

The combining of this 2 approaches aims to the development of a new interaction between the health carers, the patient and his/her family, based on a proactive exchange of information, knowledge, experiences and an identification process of family/relatives as resources.

Specific objectives of the project are:

- Develop and share, at European level, a better knowledge in a comparative perspective of the transnational state of art in the application of the concepts and methodologies of Narrative medicine, Methodology of parents' pedagogy and their role in the concrete application of the International Classification of Functioning, Disability and Health (ICF) in the specific working environment.
- Collection of the narrative case stories making to Narrative medicine and Methodology of parents' pedagogy in according to ICF in the database of the project
- Define and propose a common European profile of competences and skills for the professionals health carers as far of the Home assistance of patients with chronic diseases and disability, concerning the humanising and the improving the posture cultural of reciprocity with the patient through an holistic and systemic comprehension of the resources and personal characteristics of the patient, the parents, family and relatives.
- Develop a multidisciplinary e-learning based training package aimed at teaching the application of Narrative Medicine and Methodology of parents' pedagogy to the different professionals working in all the fields that affect and are affected in the organisation of holistic health care services: Territorial Social Services, Professional and Hospital based medical assistance, Home care assistance, Economic sustain and job counselling, Training of professionals at university level and Training of professionals care givers at post University/Vocational Training level

2. Project Approach

In order to reach the project's stated results, the partnership planned the following main activities:

Activity 1) Research and Identification of Best Practices

The aim of this activity was to achieve a better understanding of the Health Care sector by carrying out a bibliographic and empiric research at transnational level, aiming at identifying the state of the art of current Health Assistance practices in the partners' countries. The main information taken into account came from the reviews of publications, the case studies and the best practices. The conclusions drawn by partners were exposed in the National Reports and analysed in the Transnational Report, presenting common tendencies and main differences among the partner countries. On the basis of the research activity conducted by partners a European Knowledge Profile for professional health carers was developed.

Activity 2) Creation of the Training Package

The aim of this on-going activity is to define and propose a common set of competences and skills for the professionals of health care as far as the home assistance of patients with chronic diseases and disabilities is concerned. The course contents were created according to a common format, in order to make each module consistent with all the others. Each partner created a module of the course and was assigned another partner, with the role of reviewing the material produced. This way, each partner was assured at least one feedback on the material produced.

Activity 3) Training of the Professional Health Care Givers

The aim of this activity will be to teach the application of Narrative Medicine and Methodology of parents' pedagogy to the professionals working in the field by delivering a multidisciplinary, e-learning based training package, according to the contents created in the framework of activity 2. The selected health carers will participate in the training course hosted on the Heppy Portal. For each module the health carers will attend a face to face workshop introducing the main concepts of the module itself. At the end of the delivery of each of the 7 modules, an online meeting with the health carers involved in the testing of the courses will be organised. During the online meetings the participants will have the opportunity to exchange their opinions and experiences concerning the contents of the modules and effects on their daily job.

Activity 4) Testing and Collection of Experiences

The aim of the Workpackage will be to test the practical application of the competences acquired by health carers in the framework of Activity 3. To this end both health carers involved in the course and the families of the patients will manage a personal blog, while partners will collect from health carers and patients a number of narrative descriptions, to be later summarized in National Reports. The final objective of this activity is to formalise a proposal of a shared model of educational and therapeutic pact between carers, patient and family of the patient.

Activity 5) Creation of the Project Portal and Website

The aim of the project website is to ensure an effective project's management of the activities to be carried out. The project web site was and will be therefore addressed and used mainly by the project partners. The project web site contains all information on the project as well as a password protected section from which it is possible for the partners to download material

related to the project. The project portal was created to be addressed to the project's end users. The Portal collects and makes available all the contents developed within the project's activities. The Portal is therefore the main output of the project.

3. Project Outcomes & Results

The project's main results so far are:

1) Network of Professional Health Carers and Patients

The partners involved a number of professional health carers and patients with their relatives at national level in six European countries. The network of professional health carers and the network of patients involved are available on the Heppy portal at the address **Project Partners > Health Carers** (<http://heppyportal.projectize.eu/members/health-carers.aspx>) and **Project Partners > Patients and Relatives**

(<http://heppyportal.projectize.eu/members/patients-and-relatives.aspx>).

The partners involved 217 professional health carers and 78 patients with their relatives. They are presented on the Heppy portal and participating in the collection of material.



Name	Country of residence	Other information
A. D. W.	8	
ABR	2	
Adine Gavazzi	20	University
Agata Kozłowska		Dom Pomocy Społecznej - Health Care Provider in Zgierz
Agostino Asunta	17	Oradengo Hospital
Albano Cristoforetti	30	Local Health Unit
Alena Falbová	4	Senoville Jablonov
Andrea Bufla	25	ASLTO4
Andrea Mihalovich	8	Senoville Jablonov
Angelika Halmik	1	Akademia Zdrone
Anna Ambrosiak		Akademia Zdrone

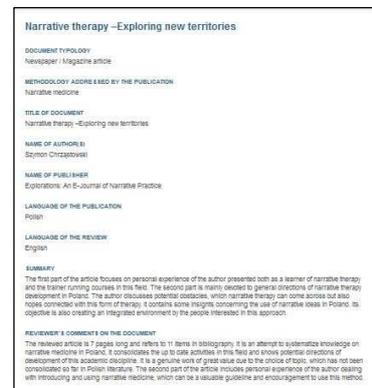
2) Database of Reviews of Publications

The partners collected and reviewed main publications available at national level in six European countries. The publications focus on health assistance in hospital and at home of patients with chronic diseases and/or disabilities.

The Database of Publications is available on the Heppy portal under the link **Database > Publications**

(<http://heppyportal.projectize.eu/database/publications.aspx>).

The publications include: researches, reports, books, articles, web articles, laws, regulations, etc. Each selected publication has been reviewed and presented according to a common format. The reviews of the selected publications are organized in a searchable database. The publications are available only in the original languages, while the reviews were made in English and in the national languages. The partners uploaded, on the project portal, 725 reviews of publications, both in English and in the national language of the publication itself.



Narrative therapy – Exploring new territories

DOCUMENT TYPOLOGY
 Newspaper / Magazine article

METHODOLOGY ADDRESS BY THE PUBLICATION
 Narrative medicine

TITLE OF DOCUMENT
 Narrative therapy – Exploring new territories

NAME OF AUTHOR(S)
 Szymon Chrzypowski

NAME OF PUBLISHER
 Explorations: An E-Journal of Narrative Practice

LANGUAGE OF THE PUBLICATION
 Polish

LANGUAGE OF THE REVIEW
 English

SUMMARY
 The first part of the article focuses on personal experience of the author presented both as a learner of narrative therapy and a teacher among courses in this field. The second part is mainly devoted to general directions of narrative therapy development in Poland. The author discusses potential obstacles, which narrative therapy can come across but also hopes connected with this form of therapy. It contains some insights concerning the use of narrative cases in Poland. Its objective is also creating an integrated environment by the people interested in this approach.

REVIEWER'S COMMENTS ON THE DOCUMENT
 The reviewed article is 7 pages long and refers to 11 items in bibliography. It is an attempt to systematize knowledge on narrative medicine in Poland. It consolidates the up-to-date activities in this field and shows potential directions of development of this academic discipline. It is a genuine work of great value due to the choice of topic, which has not been considered so far in Polish literature. The second part of the article includes personal experience of the author dealing with introducing and using narrative medicine, which can be a valuable guideline and encouragement to use this method.

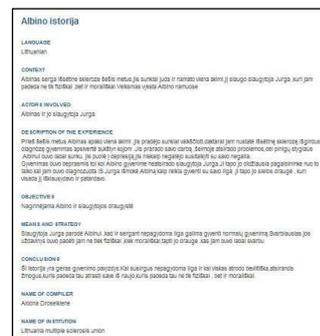
3) Database of Case Studies

The partners collected and selected case studies, available at national level in six European countries. The case studies focus on health assistance in hospital and at home initiatives.

The Database of case studies is available on the Heppy portal under the link **Database > Case Studies**

(<http://heppyportal.projectize.eu/database/case-studies.aspx>).

Each selected case study has been presented according to a common format. The case studies available are organized in a searchable database. The case studies were presented both in



Ailbino istorija

LANGUAGE
 Lithuanian

OBJECT
 Ailbino turgis dabine istorija bailes metu ju sukurta juoda ir raudona veida ir elgiasi elgiasi juoda, kuri jam patinka ne tik turgiu, bet ir mokykla, vėlyvose veida Ailbino turgiu.

AUTHOR INVOLVED
 Ailbino ir elgiasi juoda

DESCRIPTION OF THE EXPERIENCE
 Pirmą kartą Ailbino turgis buvo sukurta juoda ir raudona veida Ailbino turgiu. Ailbino turgis buvo sukurta juoda ir raudona veida Ailbino turgiu. Ailbino turgis buvo sukurta juoda ir raudona veida Ailbino turgiu. Ailbino turgis buvo sukurta juoda ir raudona veida Ailbino turgiu.

RESEARCHER
 Ailbino turgis

SCENE AND STRATEGY
 Ailbino turgis buvo sukurta juoda ir raudona veida Ailbino turgiu. Ailbino turgis buvo sukurta juoda ir raudona veida Ailbino turgiu. Ailbino turgis buvo sukurta juoda ir raudona veida Ailbino turgiu.

CONCLUSIONS
 Ailbino turgis buvo sukurta juoda ir raudona veida Ailbino turgiu. Ailbino turgis buvo sukurta juoda ir raudona veida Ailbino turgiu. Ailbino turgis buvo sukurta juoda ir raudona veida Ailbino turgiu.

NAME OF CASE STUDY
 Ailbino turgis

NAME OF INSTITUTION
 Lietuvos mokykla

English and in the national languages. The partners uploaded 73 case studies in English and in the national languages.

4) Database of Best Practices

The partners Selected and described a number of Best Practices in the field of organising, managing and delivering health assistance in hospital and at home.

The Database of best practices is available on the Heppy portal under the link **Database > Best Practices**

(<http://heppyportal.projectize.eu/database/best-practices.aspx>).

Each best practice has been selected according to a common format. The best practices available are organized in a searchable database. The best practices were presented both in English and in the national languages. The partners uploaded 75 best practices in English and in the national languages.

Elective activity –Parents' Pedagogy- Turin University	
BEST PRACTICE TYPOLOGY:	Training course
TARGET GROUPS:	Caregivers/Students
COUNTRY WHERE IT TOOK PLACE:	Italy
LANGUAGE OF THE DESCRIPTION:	English
DESCRIPTION OF THE BEST PRACTICE:	The course about Methodology Parents' Pedagogy gives the students of the Nursing Degree Course of Turin University the opportunity to know and experience this methodology first hand. Narrative is the basic tool of Parents' Pedagogy that involves parents and relatives of children and people with disability.
RESULTS:	Concrete experience in Parents' Pedagogy with real and concrete witnesses in the actual field. Possibility of writing their own experience.
QUALITY INDICATORS:	Use of means of parental pedagogy
COMMENTS:	Methodology Parents' Pedagogy is not only a training path but also a main concrete experience of parents witnesses and personal stories. The number of notes being gathered during this course represents a quality indicator of the effectiveness of this training path.
EVALUATION:	From the general narratives often emerges a reality which cannot be classified. Students approach nursing profession with enthusiasm. The stories of their paths allow thinking about the contents in which they sometimes are included. The most important result is having left a small trace on the head of young parents' social. Their knowledge and their needs.

5) Reports on National Situations and Transnational Report

Through the main bibliographic references available in the field (Database of Reviews of Publications, Database of Best Practices) and the analysis of direct experiences (Database of Case Studies, Database of Best Practices) each partner created a National Report on the situation existing in the country as far as health care assistance in hospital and at home is concerned. Each National Report explained the situation existing in the country of the partner focusing on:

- National Health System
- Main National Trends
- National Bodies in charge of the home health service
- National policies implemented to promote and improve the home health service
- Strategies and Initiatives developed to promote and improve the home health service
- Identification of best practices



On the project portal, under the section **Reports > National Reports**

(<http://heppyportal.projectize.eu/report/national-situations.aspx>), it is possible to:

- Download the pdf version of each national report in English and in the national language
- Download the power point presentation of the results of each national reports

The Transnational Report is produced highlighting similarities and main differences among the countries involved.

On the project portal, under the section **Reports > Transnational Report**

(<http://heppyportal.projectize.eu/report/transnational-reports.aspx>), it is possible to:



- Download the pdf version of the transnational report in English and in the national language
- Download the power point presentation of the transnational report

6) European Knowledge Profile for Professional Health carers

The knowledge profile identifies the skills that professional health carers should have in order to provide assistance to their patients taking into consideration all aspects that affect their conditions. The knowledge profile has been developed on the basis of the research activity conducted by each Heppy project partner in the European countries involved. The research activity focused on: analysis of publications available at national level on the topic; analysis of case studies of health assistance; identification of best practices among the case studies.

All information have been presented in National Reports and then analysed in a comparative way in a Transnational Report presenting common tendencies and main differences among the partner countries.



On the project portal, under the section **Reports > Health Carer Profile**

(<http://heppyportal.projectize.eu/report/transnational-reports-and-health-carer-profile.aspx>), it is possible to:

- Download the pdf version of the European Knowledge Profile for Professional Health carers in English and in the national language
- Download the power point presentation of the European Knowledge Profile for Professional Health carers

7) Course Contents

Each partner created a module of the course addressed to professional health carers and aimed at teaching the skills and knowledge to be possessed in order to assist patients with disabilities and chronic diseases taking into account the combination of social, economic and cultural needs. Each module was reviewed by another partner. This way, each partner was assured at least one feedback on the material produced. Health carers could also give their feedback on the material produced. The partners have created the following course modules:

1. Health Promotion Policies and Strategies by CIPES)
2. Hospital and Professional Medical Assistance by Gradenigo
3. Organisation of Home Care by LMSU
4. Insertion of People with Disabilities in the Job Market by CECMA
5. Vocational Training for Health Carer Professional Workers by CECE
6. University Level Courses for Health Carer Professional Workers by Akademia Łodzi
7. Validation of Skills in Training initiatives for Health Service Staff by Transfer Slovensko

A meeting space has been created in order to allow professional health carers to participate in virtual meetings and workshops organized in the framework of the project. The meeting space was also used to exchange opinion on a forum and to allow partners and health carers

to give their feedback on the learning material produced. The meeting space is available on the Heppy Portal under the link **Home > Meeting Space**

(<http://heppyportal.projectize.eu/meeting-space.aspx>).

The meeting space includes the following sections:

- Workshops

The selected health carers will participate in the training course hosted on the Heppy Portal. For each module the health carers will attend a face to face workshop introducing the main concepts of the module itself.

- Virtual Meetings

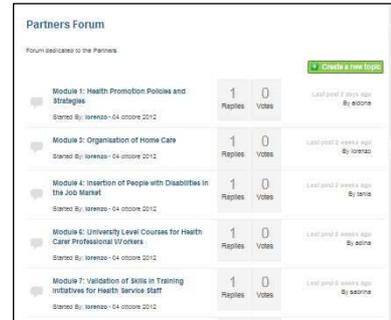
At the end of the delivery of each of the 7 modules, an online meeting with the health carers involved in the testing of the courses will be organised. During the online meetings the participants will have the opportunity to exchange their opinions and experiences concerning the contents of the modules and effects on their daily job.

- Forum

The health carers have the possibility to post their opinions and feedbacks for each of the modules of the training course. The forum was also used by partners to give reciprocal feedback on the learning material produced.

- Blogs

During the testing phase the health carers and the families to which the care givers give assistance will manage personal blogs in order to report and share their personal experiences.



Partners Forum			
Forum dedicated to the Partners			
	1 Replies	0 Votes	Last post 2 weeks ago by sforza
<input type="checkbox"/> Module 1: Health Promotion Policies and Strategies <small>Started by: sforza - 04 ottobre 2012</small>	1	0	Last post 2 weeks ago by sforza
<input type="checkbox"/> Module 3: Organisation of Home Care <small>Started by: sforza - 04 ottobre 2012</small>	1	0	Last post 2 weeks ago by sforza
<input type="checkbox"/> Module 4: Insertion of People with Disabilities in the JGD Market <small>Started by: sforza - 04 ottobre 2012</small>	1	0	Last post 2 weeks ago by sforza
<input type="checkbox"/> Module 6: University Level Courses for Health Care Professionals Workers <small>Started by: sforza - 04 ottobre 2012</small>	1	0	Last post 2 weeks ago by sforza
<input type="checkbox"/> Module 7: Validation of Skills in Training initiatives for Health Service Staff <small>Started by: sforza - 04 ottobre 2012</small>	1	0	Last post 2 weeks ago by sforza

8) Project Web Site

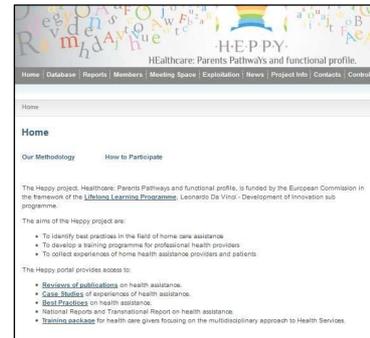
The main purpose of the project website (<http://heppy.projectize.eu/>) is the management of the project and it is used mainly by the project partners. The project web site contains all information on the project as well as a password protected section from which it is possible for the partners to download material related to the project management.

The project web site is organized so as to contain, in the “Download” section, all of the documents related to the project itself (e.g. the project management tools, the minutes of the meetings, the Administrative and Financial Manual, the formats to be used to carry out the project activities etc). The project web site also has a specific section, the “Work in Progress” section to register the activities carried out by each partner within each project work package. The project web site also has a “Dissemination” section to record all the dissemination events organized by each partner.



9) Project Portal

All the subjects involved in the project contributed to the creation and development of the project's Internet Portal. The Portal collects and makes available all the contents developed within the project's activities. The Portal is the main Output of the project. The Structure of the Portal was defined in close cooperation between Presidio Sanitario Gradenigo (IT), Pixel (IT) and the technical partner, Projectize (UK) that was also responsible for the implementation of the structure of the Portal.



All partners were in charge of the continual updating of the Heppy Portal with News about their activities, Documents, Educational contents and information about actors involved.

The Heppy Portal collects and makes available all the outputs resulting from the project activities, proposing itself as a centre of reference for an exchange of information and successful experience of the combating and tackling of school bullying.

The Heppy portal provides access to:

- The **database of Reviews of publications** on health assistance
(<http://heppyportal.projectize.eu/database/publications.aspx>)
- The **database of Case Studies** of experiences of health assistance
(<http://heppyportal.projectize.eu/database/case-studies.aspx>)
- The **database of Best Practices** on health assistance.
(<http://heppyportal.projectize.eu/database/best-practices.aspx>)
- **National Reports and Transnational Report** on health assistance.
(<http://heppyportal.projectize.eu/report/national-situations.aspx>)
(<http://heppyportal.projectize.eu/report/transnational-reports.aspx>)
- **European Health Carer Profile**
(<http://heppyportal.projectize.eu/report/transnational-reports.aspx>)
- **Network of Professional Health Carers and Patients**
(<http://heppyportal.projectize.eu/members/health-carers.aspx>)
(<http://heppyportal.projectize.eu/members/patients-and-relatives.aspx>)

4. Partnerships

1. Gradenigo Hospital (Italy)

The Hospital Gradenigo, constituted in 1900, is a health organisation based in Turin (Italy). Gradenigo's mission is to promote and to support the human life in the respect of the man/person's dignity, to defend human right and, especially, the weak, the children, the sick person on "end life" and elderly, without distinction as to race, sex and religion, to cooperate with the institutions involved in improving the living conditions of sick and the suffering. The hospital Gradenigo implements its daily Mission providing shelter under the ordinary and everyday services and the provision of diagnosis and treatment, emergency interventions, acute illnesses or long-term which cannot be assisted in outpatient and home. The Hospital Gradenigo is a Centre for the training of the health and administrative professionals in partnership with the University of Turin, the Politecnico of Turin and other schools.

2. CIPES (Italy)

Cipes Piemonte is one of the founder member of IUHPE (International Union for Health Promotion and Education) that works for health promotion spreading at international level together with WHO, UNESCO and UNICEF. Cipes Piemonte acts at local level according with local institutions. Cipes Piemonte is an umbrella for individual and collective members like municipalities, provinces, hospitals, schools and foundations that are set in Piedmont Region. Cipes Piemonte mandate is to empower people to act to promote their health, to strength the capability of local institutions to promote policies oriented to health promotion.

3. Pixel (Italy)

Pixel is an education and training institution based in Florence (Italy). Pixel carries out the following activities:

- European Project Planning and Management in the field of education, training, culture
- Delivery of in-service training for public authorities, universities, schools, research centres and private companies
- Support and advice for planning and management of transnational projects
- Research and development services to support education and training
- Organization of International Conferences in the fields of education, training and culture

4. Lithuanian Multiple Sclerosis Union (Lithuania)

Lithuanian Multiple Sclerosis Union (LMSU) was founded in 2000 and since has been providing information and support, funding research and fighting for change. Its areas of activity include social and psychological consultation, representation of patient interests in all state institutions, and the implementation of national and international projects. LMSU unites appr.1500 people but represent the interests of almost 3500 affected people and are helping to solve their problems.Organisation co-ordinates the activities of 10 societies in the country's largest cities and 6 in district centres. LMSU's mission is to enable people affected by MS to live life to their full potential and secure the care and support they need, until we ultimately find a cure,to improve the lives of people with severe illnesses through research and development, activities, advice and lobbying. As a service organization LMSU organizes workshops, courses, recreational trips within and outside the country, camping and family groups.

5. Academy of Humanities and Economics (Poland)

The Academy of Humanities and Economics in Lodz (Akademia Humanistyczno-Ekonomiczna w Łodzi) is one of the largest non-public institutions of higher education in Poland with over 11 thousand students studying at 3 departments with 10 faculties and 100 specializations. It has been an accredited institution of higher education since 1993. In the educational rankings AHE is placed very high. Academy of Humanities and Economics cooperates with huge number of well-known educational institutions in Lodz and in Poland such as: foreign language schools, grammar schools and high schools, training centers, foundations, associations, local authorities and companies. To meet our students demands AHE created a net of branches all over the country. This feature gives the possibility of spreading the AHE's educational work and cooperation with other very important institutions/companies in our country.

6. CECMA (Romania)

The Economic Centre for Business Consultancy and Management (CECMA) is a training and consultancy company based in Romania since 2004. The services CECMA provides are:

- management courses for young people who want to set up their own business as well as for people from vulnerable groups;
- management, marketing, financial-accounting services;
- IT courses;
- Guidance for young managers in developing a business plan.

7. Transfer Slovensko (Slovakia)

TRANSFER Slovensko, Ltd. (SK) is a private training and consulting company since 1995, based in Bratislava – Slovakia, offering adult education for adults with practical experience in the application of emotional literacy to the training for adults. It has got expertise in many areas and offer education for:

- training ethnic groups, mixed groups of disadvantaged adults, teachers and trainers for people with a different cultural background using emotional intelligence
- soft skills training for managers in big international and slovak companies in Slovakia
- special training for personal working in emergency systems (N.112)
- technical disciplines (energy management, risk analyses and emergency plans for enterprises, environmental protection and consumer education)
- education and training activities in special areas as project management (Prince2)
- education for unemployed especially women, for small and medium size enterprises
- preparing educational programmes for teachers, blind people, immigrants – especially multicultural education and for roma people
- supports disadvantaged people using special methodologies developed in EU-projects and tailored to the educational needs of target groups

8. CECE (Spain)

The Spanish Confederation of Education and Training Centres (CECE) is a non-profit employers' and professional organization founded in 1977. It represents a wide educational sector in Spain from nursery school to university level. CECE institutional roles are: the management of updating for educational agreements; the negotiation of the collective agreements for this sector; the representation of this sector in the collegiate boards with educational participation; institutional presence in the Spanish Employers Organisation (CEOE) and in some international organisations in which it takes an active role as well as the relationship and contacts with Education Public Authorities.

9. Projectize (United Kingdom)

Projectize is a management support firm specialised in project and programme management consultancy and training, based in the UK. The services provided are:

- Delivering the desired results on specific project(s) or programme by providing the right professionals to
- Manage complex initiative to successful completion.
- Improving clients' project management capability by developing and setting up the right infrastructure within their own organisation and training and mentoring their resources to realise the new capability.
- Implementing the right PM and collaboration technology and software to serve a specific need and mentoring staff in its proper and efficient use.
- Delivering real business value from projects and programmes portfolio by aligning them to the organisational strategy, and prioritising and monitoring them accordingly.

5. Plans for the Future

The plans for the next project year are:

1. Finalisation of the database of Case Studies

The database created to collect a selection of Case Studies on Health Care assistance which have been analysed in six partner countries will be further improved with new narrative descriptions.

2. Training of the Professional Health Care Givers

During the first 7 months of 2013 the professional health carers involved in the project will participate in the online training course developed by partners. For each module the health carers will attend a face to face workshop introducing the main concepts of the module itself. At the end of the delivery of each of the 7 modules, an online meeting with the health carers involved at transnational level in the testing of the courses will be organised. During the online meetings the participants will have the opportunity to exchange their opinions and experiences concerning the contents of the modules and effects on their daily job.

3. Formalisation of a proposal of a shared model of educational and therapeutic pact between carers, patient and family of the patient

The information collected through the analysis of national publications, case studies and best practices, as well as the project actors' opinions collected during the testing and collection of experiences phase, will be used to formalise a proposal of a shared model of educational and therapeutic pact between carers, patient and family of the patient

4. Organisation of a final conference

In October 2013, the project promoter will organise the final conference of the project in Turin (Italy) in order to presents the project results achieved and the activities carried out.

6. Contribution to EU policies

The project contributed to the following EU Objectives:

- 1) Contribution to the development of quality lifelong learning and promotion of high performance, innovation and a European dimension in systems and practices in the field

The project promotes quality, high performance and European Dimension in systems and practices of lifelong learning as it develops a transnational and shared approach to health care assistance through the analysis and the valorisation of the best practices in the field available at European level.

The project also promotes an innovative Bottom-Up approach to the improvement of health care practices, making professional health carers and patients leading actors rather than mere objects of the research.

- 2) To reinforce the contribution of lifelong learning to social cohesion, active citizenship, intercultural dialogue, gender equality and personal fulfilment

According to the World Health Organisation's definition, health is a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity. Accordingly, people affected by chronic diseases and disabilities do not wish to be perceived merely as patients by health carers taking care of them, as this approach would not take in account their personal history, the characteristics of their family environment, their attitudes and interest, limiting therefore their right to be healthy. The project addresses this problem, teaching to professionals that provide this kind of assistance how to put side to side to their medical competences a set of skills that are related to the understanding of the specific needs and resources of the person they have to take care of.