



molam

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## Guidelines for Case Studies

### Interactive Tool

## Guidelines for case studies

Each case study should correspond to a story of someone who migrated for working purposes. The case study can be obtained by face-to-face interview or telephone. Partners could also ask a migrant to write down his/her story, but it would be preferable to have direct contact.

For the preparation of these case studies, partners should consider the following:

- The story should be related to your country (i.e. as country of departure or arrival);
- Migration between EU countries;
- The migration should have occurred for working purposes;
- Not all parts have to be positive;
- Should be a low-skilled migrant;
- Each case study should be translated into all languages of the partner countries;
- From 2000 to 3000 characters;
- Please confirm that the person allows the quotation of his/her real name. Also, please check if it is possible to have a picture of the person or another picture about the mobility experience.

We suggest that the content of each story is not too “strict”, but that the issues included in the template provided in the next page should be addressed.

## Template for case studies

The following template should be used by partners to collect/develop 1 case study and provide it to all other partners for translation. Once translated, case studies should be sent to SPI for upload in the Interactive Tool.

Thus, a similar template will be available in the Interactive Tool, section “Case Studies”, so that people can send their own stories: in case someone wants to contribute by sending a story, he/she can fill in the form that will be available in the tool. The content of the form will be sent automatically to the partner responsible for the respective national version and, after validation by the partner, it will be published in the Interactive Tool.

## Stories of Mobility - Case Studies

How was your mobility experience? Share it with us and make the lives of those who are considering migrating for work easier. Tell us your story!

- ✓ What was the most exiting aspect of your experience?
- ✓ Did you have any surprises?
- ✓ What was your motivation for leaving?
- ✓ Why did you choose the country you went to?
- ✓ How was your job experience in the new country?
- ✓ What did you find challenging/difficult?
- ✓ What would you like to say to someone that is about to leave?
- ✓ Any further recommendations or advise?

**Your story** (Maximum of 3000 characters):

I went to Liechtenstein about 3 years ago, a country that seems like a Portuguese city but has an extraordinary purchase power. Later, I moved to Switzerland, although I continue to work in Liechtenstein. The region where I live and work is equivalent to a rural area of Portugal, although very developed and the people there are very charismatic, hospitable and friendly.

Enthusiasm?! I didn't find much by the time I arrived, except the fact that this is a new experience for a young man of 25 years old, a different culture ... another world ... Well, and the true is that I have come and not yet returned (to Portugal)...

Surprises?! Yes, some. People here (in Lichtenstein) work hard, they are very focused on work. In most days my work time is about 9,5 hours! Motivation to migrate?! The money, currently just the money ...

I choose this country due to the fact that I have an uncle here who made me an invitation, which I did not refuse. It was a good choice! Here everything works fine, from the administrative processes such as renewal of ID cards, to the health issues where everything works fine, because health services are all private and there are no problems as in Portugal...

My experience here was very different from what I was used to, since people here work on a completely different way from our beloved country (Portugal) - here you see your work rewarded, because all workers are valued...I just like what I do, because everything you do has to be done with dedication and you must like it!

Challenges?! The biggest challenge I found was the language, German. It was very difficult indeed, but nothing has even been achieved without willpower... Another challenge is to overcome the nostalgia, which is something all migrants feel: being away from their family and friends!

Moreover, to be honest, there's nothing I can point as to be missing here. Increasingly, regions are

adapted to receive migrants; we have everything available, from the Portuguese communities or cafes, restaurants and mini markets with products from our country.

The advice that I leave to those who are considering migrating: Go ahead, let's go! However, it is very important to have your "feet on the ground", otherwise it's the same or worse than to live in Portugal! Another advice I give to anyone who thinks to migrate: you should do it with help from people you trust...

**Age (optional): 27**

**Departure Country: Portugal**

**Arrival Country: Liechtenstein**

**Former (before departing) and current job field: Building Sector**

**Duration of stay (in years): 3**

If you want this story to have a face, please tell us your name and send a photo (miguelcarnide@spi.pt)