
Reader

Summary
Five Polish Publications

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This Reader is made for the benefit of the Leonardo project

Career Learning as a Success Factor for Lifelong Learning

510069-LLP-1-2010-1-NL-LEONARDO-LMP

Five Polish Publications on career guidance and learning

Research of literature

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This project has been funded with support from the European Commission. This publication reflects the views only of the author, and the Commission cannot be held responsible for any use which may be made of the information contained therein.



- **Anna Paszkowska – Rogacz (2010), Parents as Career Counsellors of Their Children: Training for parents, Saarbrücken: Lambert Academic Publishing**

Abstract:

This training manual has been developed for those of career counsellors who decided to work not only with children, but with their families as well. It constitutes a collection of information necessary to build a good contact between counsellors and parents, to motivate parents to act, set up goals, develop skills and personal character traits facilitating the analysis of one's career in such a way as to help the children in making good educational and vocational choices. It includes description of about 30 hours of practical exercises to be used in work with parents. The book has been divided into three parts. The first one - "How to work with a group of parents" - provides information about conducting workshop classes with a group of parents. The second part - "Workshop on counselling work with parents" contains a set of useful tools (exercises) to be used by counsellors in practices. The third part can be proposed by trainer for parents as a self-study part of the training. There are resource designs attached to the exercises, which can be copied by the trainers or edited according to their specific needs.

- **Anna Paszkowska – Rogacz, Elżbieta Olczak, Ewa Kownacka, Dominika (2006), Vocational guidance and multicultural challenges, Warsaw**

Abstract:

This book should provide Polish counsellors with the knowledge of the needs of culturally diverse clients, who, while seeking employment, have decided to travel abroad and remain abroad for a shorter or longer period. The first part of this book describes the history of career counselling in a context of multicultural challenges. Part two discusses differences in the social functioning of persons coming from various cultures. The third chapter describes the experiences of individuals who have found themselves in a new environment and must cope with its dissimilarity. Part four contains a summary of the described topics, showing barriers in the process of integration of foreigners to the society of the receiving country, resulting from the accumulated experience and cultural legacy of the foreign client. In part five, the author describes the difficulties and traps of intercultural contacts and communication, as well as methods of cultural adaptation of diagnostic tools. An Annex devoted to the specific intercultural competencies in career counselling is included at the end of this publication. The publication was issued within the project '[Euroguidance](#)', conducted under the Lifelong Learning Programme.



- **Bożena Wojtasik (2000) Models of the vocational counsellor's work performance: A Polish perspective, in: [International Journal for the Advancement of Counselling](#), 197 - 208**

Abstract:

In the article I describe five models of vocational counsellor's work performance or role: (a) an expert, (b) an informant, (c) a consultant, (d) a reliable guardian, and (e) a laissez-faireist. Moreover, I place these models along a continuum of counselling that is based on the Polish counselling literature. An expert guides the counselee by providing him or her with ready-made solutions, diagnosing the counselee's attributes, and matching them with the most appropriate vocation. An informant deals mainly with information about the possibilities of employment and recommends vocations, which are "the best" for the counselee. A consultant treats a counselee as a partner, shows new aspects of activity, and gives inspiration to establish new aims. A reliable guardian treats a counselee as needing strength, suggests new solutions, provides support in making decisions, does not impose his or her own opinion unless asked, and does not resign from giving advice. A laissez-faireist accompanies counselee in the process of vocational choice, stimulates the acquisition of self-knowledge, and sheds light on the problem, avoids giving advice

- **Grażyna Osicka (coordinator) (2007) How to fight with unemployment? - guidelines on counselling and exemplifications of good practices, Centre for Vocational Education in Rybnik – Centre for Continuing and Practical Education Publishing, Warsaw**

Abstract:

This publication, placed in readers' hands, will generate critical reflection on how to improve innovative methods for working with marginalized people, and will serve as a starting point for the development of broad social intervention projects in various regions of the country.

- **Anna Paszkowska – Rogacz (coordinator) (2008), My child is choosing a career, Academy of Management Publishing, Lodz**

Abstract:

This book is written for counsellors who decide to work not only with children, but also with their families. It's a set of information necessary to build a good contact between counsellors and parents, to motivate parents to act, set goals, develop abilities and features that help to analyse one's own career, make good educational and future job decisions.

The bases of the book are the international experiences of counsellors from different countries. It consists of practical exercises that may be used while working with parents. It is divided into two parts. In the first part the counsellor is provided with useful tools



(exercises). The second part allows the counsellor to develop his or her own abilities. It may be treated as an element of self-study or an inspiration to share own experiences with the others.

This manual is the workshop supplement to the book “My child is choosing a career”