Projects and Products Portal for Leonardo da Vinci

Vocational Training for Sports Centres Employees with European Certificate (EuroSport)

2009-1BG1-LEO05-01602

http://www.adam-europe.eu/adam/project/view.htm?prj=5675

Project Information

Title: Vocational Training for Sports Centres Employees with European Certificate (EuroSport)

Project Number: 2009-1BG1-LEO05-01602

Year: 2009

Project Type: Transfer of Innovation

Status: completed

Country: BG-Bulgaria

Marketing Text: This project was aimed at transferring of innovative VET programmes certified in a number of European sport VET systems, at adapting and integrating them in the national qualifications framework and system.
Innovative e-learning program for fitness instructors/exercise professionals/ was created. It is now accredited by EHFA for the qualifications 'fitness instructor' and 'group fitness instructor' (www.ehfa-accreditation.eu/).
The successful students become members of EREPS (www.ereps.eu.com).

Summary: The target group for this project is the personnel of Sports Centres (SCs) within the EU. The European Network of Sport Science Education and Employment has estimated this target group to be 300 000 employees with little or no vocational education and training. They are identified as low skilled workers with responsibility for the day to day care and administration of SCs with more than a billion visits of persons who undertake physical exercise to improve their health and wellbeing. The possibility to follow VET programmes does not exist and the profession have few opportunities to develop a career. Successful athletes are often hired as janitors of sports grounds, and in other cases hiring is done after temporary work. This project is aimed at transferring of innovative VET programmes certified in 10 European sport VET systems, at adapting and integrating them in the national qualifications framework and system. The objectives are:
1 Identifying and analysing user requirements of SCs employees and managers, sport education providers and policy makers in Bulgaria, Germany and Sweden.
2 Analysis and adoption of common certification principles based on the ECVET system and description, via national qualifications frameworks and systems, of the VET qualifications in terms of learning outcomes.
3 Selecting and adapting innovative VET content and training methods to reach these outcomes and to meet the specific user requirements.
4 Transferring the adapted VET materials and development of e-learning support materials and a new course in kinesitherapy and rehabilitation for sport centres instructors.
5 Pilot test of the VET courses with trainees from public and private sport centres with delivery of European certificate.
The EuroSport project features well-balanced partnership in terms of organisations involved and expertise required: training providers, employers, sports association, national governmental organization, project management experts, developers of e-learning systems.

Description: As a final result of the proposed project we have a complete set of 3 VET programmes for SCs managers, instructors and technical staff with transferable units of learning outcomes with allocation of credit points based on a common certification principles.
The impact on target groups and sector: meeting the needs of SCs employees of recognised Europe-wide qualification, and providing them opportunity for further career development and increased mobility. The impact on VET systems: support in the development of national and sectoral qualifications systems and frameworks. The project created the basis for a EU wide acknowledgment of the training programme in the sector of sport with common criteria and the EU instruments EUROPASS and ECVET and its integration in the European reference frameworks for the qualification levels. The qualifications are transparent and recognised in all EU countries through EHFA certification.

Themes: *** Lifelong learning
*** Recognition, transparency, certification

Project Information

	*** Open and distance learning ** Utilization and distribution of results ** Continuous training
Sectors:	*** Human Health and Social Work Activities ** Arts, Entertainment and Recreation * Education
Product Types:	teaching material transparency and certification website CD-ROM program or curricula material for open learning DVD description of new occupation profiles
Product information:	Report on the analysis of training needs and user requirements Description of qualifications of Sport centres employees in terms of learning outcomes Syllabi of three VET programmes: - Sport centres managers and technicians - Kinesitherapy - Active aging e-Learning materials for three courses Evaluation report Valorisation report and materials for dissemination and exploitation results
Projecthomepage:	http://telearn.tu-sofia.bg/EuroSport/

Project Contractor

Name:	National Sports Academy
City:	Sofia
Country/Region:	Sofia Stolitsa
Country:	BG-Bulgaria
Organization Type:	university/Fachhochschule/academy
Homepage:	http://www.nsa.bg/en/

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Coordinator

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City:	Sofia
Country/Region:	Sofia Stolitsa
Country:	BG-Bulgaria
Organization Type:	university/Fachhochschule/academy
Homepage:	http://tu-sofia.bg

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Homepage:	http://81.161.242.159/semicon/staff/stzanova.htm

Partner

Partner 1

Name:	Athletic Fitness
City:	Sofia
Country/Region:	Sofia Stolitsa
Country:	BG-Bulgaria
Organization Type:	SME - small and medium-sized enterprise (up to 250 employees)
Homepage:	http://www.athletic-bg.com/

Partner 2

Name:	MINISTRY OF PHYSICAL EDUCATION AND SPORTS
City:	Sofia
Country/Region:	Sofia Stolitsa
Country:	BG-Bulgaria
Organization Type:	public institution
Homepage:	http://www.youthsport.bg/cgi-bin/s.cgi

Partner 3

Name:	IMPULSE - Agentur fuer Projektentwicklung un - management GmbH
City:	Dortmund
Country/Region:	Nordrhein-Westfalen
Country:	DE-Germany
Organization Type:	SME - small and medium-sized enterprise (up to 250 employees)
Homepage:	http://www.impulse-agentur.de

Partner 4

Name:	BOSOENS SPORTS COLLEGE
City:	Boson
Country/Region:	Stockholm
Country:	SE-Sweden
Organization Type:	university/Fachhochschule/academy
Homepage:	http://www.boson.nu

Project Files

Athletic fitness.pdf

http://www.adam-europe.eu/prj/5675/prj/Athletic%20fitness.pdf

Presentation of a VET school for fitness instrcutors and European certification

Demonstration course.pdf

http://www.adam-europe.eu/prj/5675/prj/Demonstration%20course.pdf

Presentation of the course "Fitness Instructor" and pilot test and certification

EuroSport_Quality_Final_Report.pdf

http://www.adam-europe.eu/prj/5675/prj/EuroSport_Quality_Final_Report.pdf

QA evaluation of the project by an external evaluator

Impulse.pdf

http://www.adam-europe.eu/prj/5675/prj/Impulse.pdf

Presentation of the course "Mamangement of Sport Centres" and its pilot test

PräsentationBulgarien.ppt

http://www.adam-europe.eu/prj/5675/prj/Pr%C3%A4sentationBulgarien.ppt

Presentation Project Results.pdf

http://www.adam-europe.eu/prj/5675/prj/Presentation%20Project%20Results.pdf

Summary of results

Project Sports Coordinator.ppt

http://www.adam-europe.eu/prj/5675/prj/Project%20Sports%20Coordinator.ppt

Sofia Ageing.pdf

http://www.adam-europe.eu/prj/5675/prj/Sofia%20Ageing.pdf

Presentation of the course and pilot test of the course "Active Aging"

Valorisation Report.pdf

http://www.adam-europe.eu/prj/5675/prj/Valorisation%20Report.pdf

The report describes the exploitation and dissemination activities of the project partners.

Products

1 e-Learning VET programmes: Sport facilities management, Fitness instructor, Active aging,

Product 'e-Learning VET programmes: Sport facilities management, Fitness instructor, Active aging, Kinesithearpy'

Title:	e-Learning VET programmes: Sport facilities management, Fitness instructor, Active aging, Kinesithearpy
Product Type:	open and distance learning
Marketing Text:	Web-based learning materials with more than 50 videoclips, pictures for four courses in all four languages: Sport facilities management, Fitness instructor, Active aging, Kinesithearpy http://telearn.tu-sofia.bg/moodle/ Enroll as a guest and then enter the courses with the following password: EuroSportBG
Description:	Web-based learning materials with more than 50 videoclips, pictures for four courses in all four languages and for the course Fitness instructor in Bulgarian and English. Moodle was used as a learning platform to allow easy transfer of the training materials on partners' servers for their convenience in the exploitation after the project end. During the project implementation, partners found the multimedia materials very useful and TUS developed full courses as e-learning materials. Of course, the practical work is the half of the training in these courses.
Target group:	The target group for this project is the personnel of Sports Centres (SCs) within the EU.
Result:	
Area of application:	European certified courses
Homepage:	http://telearn.tu-sofia.bg/moodle/
Product Languages:	English