

Being redundant can be challenging and difficult. It may generate a range of emotions from shock and anger to self doubt and self blame, causing your self confidence and self esteem to nosedive.

The prospect of securing a new job can appear very daunting, particularly in today's economic climate. It is so important to recognise it was the job that was lost and not you. You still have the same skills, knowledge and experience that you had before this event.

However, change can create new opportunities and possibilities. This is an ideal time for you to re-evaluate your career and explore alternative options.

The Shape Your Future programme has been developed to assist people aged 50 or over explore how to use their skills for self employment. The programme will also enable you to take stock of your situation, recognise your individual worth and provide volunteer opportunities to help others.

Shape Your Future

call us today
08457 22 66 55



Education and Culture DG

Lifelong Learning Programme

**Recently
Redundant?**

**Over
50?**

**Ready to Make
a Difference?**

Have you thought about becoming
self employed or a volunteer mentor??



Explore your options
on our free programme
Shape Your Future

Are you ready for a new challenge?



There will probably never be a better time than now...

Explore your options on our free workshop programmes: **Shape Your Future**

Stage 1 Exploration & Self Discovery

- Take Stock
- Consider your options
- Recognise your individual talent
- Build confidence & increase self esteem
- Identify the road blocks holding you back
- Gain an insight into Enterprise
- Understand the benefits of being self employed
- Explore your passions and interests as potential business opportunities
- Shape your future

Stage 2 Enterprising Insight

- Explore and develop your business idea
- Consider the financial responsibilities of running a business
- Understand the importance and key components of a business plan
- Bring Enterprise to life
- Establish how to make your business viable
- Explore the pros and cons of running a home based business
- Identify 'What makes a successful entrepreneur?'
- Explore how couples can run a successful business
- Shape your future

Have you recently been made redundant?

Do you want to explore being self employed?

Do you want to put something back?

Are you over 50?

...then call us
08457 22 66 55
to book your place