

"Sports for Disabled - Enable to Participate"

2008-1-PT1-LEO05-00402

<http://www.adam-europe.eu/adam/project/view.htm?prj=4017>

Project Information

Title: "Sports for Disabled - Enable to Participate"
Project Number: 2008-1-PT1-LEO05-00402
Year: 2008
Project Type: Transfer of Innovation
Status: granted
Country: PT-Portugal
Marketing Text: "Sports for Disabled" Project intend to transfer an innovative training itinerary (from a previous pilot project) as result of the recognition of the evaluation need to municipality services, organisations representing disabled people, training organisations, sport associations and to promote the development of the European dimension of training and education, in a sector with strong potential of growth – sports and leisure for disadvantage groups.

To achieve this we will make the translation of the Training Manual of "Sports for Disabled". It is a training curricula to train different target groups (people with low qualifications, long term unemployed, young people, women, with problems facing the access and integration in the labour market), in the area of assistant for disabled people in sport and physic activities.

For the effect we will translate the contents of the training itinerary for the 3 language (FIN+BG+TK), in order to possibility the knowledge and appropriation of the product.

Consequently we will develop some specific training sessions for the 3 new members that will adopt the curricula training.

This will basically consists in a training / workshop sessions to present the contents, explain and inform about the process , exchange information and help in the process of adoption / adaptation for each country and to make a more personalised and direct process of transfer of innovation and acknowledgment.

The main outcomes are:

- The Edition of a Training Manual (printed in the 3 new languages – BG+FIN+TK). Also exists in PT+ES+ENG version;
- The Pilot Course – to test and adapt to cultural and social context, in BG; FIN; TK;
- Specific training sessions, specially addressed to key persons will work in the process of adapt and innovation transfer of products;
- The implementation of a Collaborative Platform, for communication and work between partnership, visibility for the project and dissemination;
- Seminars for the process of transfer, and apropriation of the product;
- Dissemination Materials

The expected impact will be in the VET systems, that will give and create effective answers referring the demand of qualified professionals in specific activity sectors, as also the possibility to qualify people in the area of sport and physic activities (for those with low qualifications, disadvantage groups, facing problems in the labour market).

Also for disabled people, it will represent a very positive impact in their quality of life, by giving the possibility to access and participate in sport and physics activities.

In general perspective will promote the social cohesion, promoting employment, combating discrimination and contributing to a more competitive and solidary Europe.

Summary: In the sequence of a previous project, developed under the Leonardo da Vinci programme – Pilot Project, named "Sports for Disabled – Training Curricula of Sports assistants for disabled people" which NRC – APPC was a partner, we intend to transfer the results and products, considerate innovative and adequate to the needs of qualifications of specific target groups to attend and assist disabled persons in practising sport and physics activities, for new participating countries (Bulgary,

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Finland and Turkey).

This previous project was implemented to face the lack of training in the vocational area related with Sports, Physics and Leisure activities, regarding the participation of disabled people.

This demand comes from different organisations operating in the sector of sport activities and leisure with disabled people. Entities such local municipalities, training organisations, enterprises with specialized services for disabled or dependent persons, associations for disabled people, etc).

In one hand it addresses to people with low qualifications, facing problems accessing to the labour market. In this perspective, intend to promote and develop their competences and skills regarding a successful integration in the labour market, by doing a job in a area without qualified professionals.

In the other way, proposes to increase the access and opportunities, regarding participation of disabled people in activities related to Sports, Physics and Leisure.

Also to accomplish the employment aims in the renewed Lisbon Strategy, the priorities addressed to disable / disadvantage groups are necessary and important to reduce de exclusion conditions of participation in society, by the reason that disadvantage groups face too many obstacles in the access to employment, education and training. So, the importance of working with these groups and to promote their integration as a elementary condition of citizenship and a essential contribution to the building of a more just, equal and solidary Europe.

We intend to transfer this innovative training itinerary as result of the recognition of the evaluation need to municipality services, organisations representing disabled people, training organisations, sport associations and to promote the development of the European dimension of training and education, in a sector with strong potential of growth – sports and leisure for disadvantage groups.

To achieve this we will make the translation of the Training Manual of "Sports for Disable". It is a training curricula to train different target groups (people with low qualifications, long term unemployed, young people, women, with problems facing the access and integration in the labour market), in the area of assistant for disabled people in sport and physic activities.

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- Specific training sessions, specially addressed to key persons will work in the process of adapt and innovation transfer of products;
- The implementation of a Collaborative Platform, for communication and work between partnership, visibility for the project and dissemination;
- Transnational Seminars for the process of transfer, involvement of

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people/organisations and dissemination;
 • Dissemination Materials

The expected impact will be in the VET systems, that will give and create effective answers referring the demand of qualified professionals in specific activity sectors, as also the possibility to qualify people in the area of sport and physic activities (for those with low qualifications, disadvantage groups, facing problems in the labour market). Also for disabled people, it will represent a very positive impact in their quality of life, by giving the possibility to access and participate in sport and physics activities. In general perspective will promote the social cohesion, promoting employment, combating discrimination and contributing to a more competitive and solidary Europe.

Description: The education and training constitute a vertices' of the triangle of knowledge and represent the basis of what depends the growth and well being of all citizens of Europe. In this area, the training and education sector should allow creating and developing more competitiveness and employability but also should guarantee the social cohesion, sustainable development and a more active participation from all the European citizens. In this way the education and training have a significant role and contribute to reinforce the social cohesion in Europe and to establish a common space of solidarity and citizenship.

The Commission have referred, in a systematic way (Communication from 2001 and the Resolution from 2002), the importance of Lifelong learning to competitiveness and employability, but also important, at same time, to the active citizenship and the personal development.

Consequently, Education and Training constitutes two key factors for the success of European solidarity and progress.

The Conclusions of the Spring European Council (23/24 March 2006) state that "Education and training are critical factors to develop the EU's long term potential for competitiveness as well as for social cohesion.

Also the Conclusions refers the need to Increasing participation in adult education and continuous training (reference to EU benchmarks/indicators) - especially important for those groups of workers for whom current levels of training are low (women, older workers, those with

lower levels of initial qualification), in order to reinforce social inclusion by combating discrimination and facilitating access to the for disadvantage people

In other hand, one of the key messages, pointed in the Report about Employment in Europe in 2007, is that remain some serious gaps and inequalities in the continuous and vocational training in EU in what regards the access of certain groups of population to it.

In the way that professional training constitutes a very important component of growth and competitiveness in EU, it's necessary more attention and to promote the access of all , namely, those who are in a fragile position, by any reason, regarding their access to Training and Employment, ie. fully participation in society.

In other way, we know that in the last years, we could verify some significant changes in what refers Sports and Disabled people. This increasing concern is attested by several initiatives by different sectors in EU.

We also know that Sports are a increasing social and economic phenomena, that contributes to the strategic objectives of solidarity and prosperity in the European Union.

Sports involve persons (the majority of the european population regularly do some kind of sport activity). Create important values and principles, as the solidarity, tolerance, fair play, etc

Promotes the active contribution of European citizens for solidarity, progress and social cohesion.

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Sports have a social function. It is a human area activity that refers to all persons and has a enormous potential to join them, because involve all of us, in spite our religion, age or social origin.

According to data information from Eurostat (2007) about 60% of Europeans participate regularly in sport activities.
Sport not only improve our health, but also have a significant pedagogic, social and recreative dimension.

And disabled people, also in this area as in many others, face serious and additional obstacles regarding their fully participation in these activities. The statistics from Eurostat and Comission Reports , as also the White Paper in Sports, indicate that less than 12% of disabled people have access to sport activities. And in these cases professionals and organizations demonstrate a lack of qualifications regarding the work with disabled people in this sector.

Not only because the lack of providers in the area of Sport for disabled (as a reflex in what happens in all sectors of society) but, as important as this, because does not exist (as far as the partnership have knowledge in their countries and the state of art show that, by publications, studies and reports in Europe) a specific training itinerary that gives qualification at a level of sport assistant in the work with disabled people.

We know that are an increasing number of Sports and Leisure Faculties that includes in their curricula the subject of sports and disabled, in order to enable them with knowledge and competences. Important, but not enough, in our perspective.
There is a lack of skills and qualifications in what regard the daily and specific work, at an intermediary level – the Sport Assistant.

This is what our previous Leonardo Pilot Project has demonstrated. The success of the training is based in the number of people attending and organizations that have developed the training itinerary, the number of people that could be integrated (or reinforce their position) in the labour market.

It constitutes an important point because addresses to the qualifications of people working in this area (Sports for Disable, in Municipalities, non profit organizations, associations, sport associations, etc). And it will help to conciliate the lack of offer and the need of improve the level of skills and qualifications of people working with disabled people in sport activities.

In the ambit of previous ADAPT and Employment and more recently, the EQUAL Initiative, was recognized the need of training and qualification, at professional level, to assist and work with disable people in practicing sport activities.
It is necessary, in fact, to reinforce the cooperation between all stakeholders, in order to promote the transfer of innovative practices, comproved at local, regional and European level.

This is what we intend to do within this project.

Also to accomplish the employment aims in the renewed Lisbon Strategy, the priorities addressed to disable / disadvantage groups are necessary and important to reduce de exclusion conditions of participation in society, by the reason that disadvantage groups face too many obstacles in the access to employment, education and training.
So, the importance of working with these groups and to promote their integration as a elementary condition of citizenship and a essencial contribution to the building of a more just, equal and solidary Europe.

Our main Goals are to transfer the innovative product from a previous Leonardo Pilot

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Project, developed by a consortium of 5 countries (with Portugal and Spain were partners) to other countries / organisations at European level.

We intend to transfer this innovative training itinerary as result of the recognition of the evaluation need to municipality services, organisations representing disabled people, training organisations, sport associations and to promote the development of the European dimension of training and education, in a sector with strong potential of growth – sports and leisure for disadvantaged groups.

To achieve this we will make the translation of the Training Manual of "Sports for Disabled". It is a training curricula to train different target groups (people with low qualifications, long term unemployed, young people, women, with problems facing the access and integration in the labour market), in the area of assistant for disabled people in sport activities.

For the effect we will translate the contents of the training itinerary for the 3 language (FIN+BG+TK), in order to possibility the knowledge and appropriation of the product.

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It means that we will meet, in the 3 new countries, a group (that the new partners will identify and select) constituted by staff from partners organisation, people working with disabled people, trainers and responsables in the organisations that work with disabled people, municipalities and other potential interested, not mentioned here.

This group will attend and participate in the workshop in order to be able to participate and involved in the transfer and adoption process of the products, from the pilot training to all the dissemination activities and internalisation / appropriation of innovative products and process.

After that, with the translation for your language and with these specific training / workshops we will make pilot training sessions in each partner country (FIN+BG+TK). This are specific tasks for 3 countries (because in PT and SP we have already made in previous project) This will have a duration of 45 hours (training) and will have the objective to adapt to your cultural and socio economic context and reality the Manual contents. Some specific changes could be done.

This will be important to assure the validation of the Training itinerary.

In the end of this process we are able to make the final Edition of the Training Manual of Sports for Disabled.

We intend to make 5 Transnational Seminars. will consist in a public seminar , with the Media / Press, Public and political representatives , key actors, and also private organisations and all potential interested that each partner in each country have identify and contact, where we will present the Project, the aims, products and results and create a favourable context for the transfer of innovation, i.e. products and results. Will attend these seminars about 100-150 persons each.

We intend to involve in specific training sessions (for transfer and adoption process) about 45 persons in each new partner country (BG+FIN+TK) and about 20 people in pilot training sessions (per country), for test and validation.

Each partner country will be responsible to establish contacts and make protocols of Association with at least 10/15 national organizations, in each partner country to accept and adopt the products and results of this project.

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Also the Collaborative platform, created to establish a clear and efficient communication between partnership will serve as an important instrument for dissemination and sustainability of the project, will serve as instrument for collaboration between partners as also a web site for valorization of the project.

Also we will produce different types of information and dissemination material as brochures, pamphlets, newsletters regarding the project.

A database will be created with information about participants in the project and also all potential organizations that could initiate the transfer of innovation.

Themes: ** Labor market
** Recognition, transparency, certification
** Access for disadvantaged
* Utilization and distribution of results
* Lifelong learning

Sectors: * Human Health and Social Work Activities

Product Types: website
program or curricula

Product information: The Training Manual of "Sports for Disable" intend to train different target groups (people with low qualifications, long term unemployed, young people, women) in the area of supporting disabled people in sport activities.

The "Sports for Disable" Project intends to transfer and promote the incorporation of the training handbookd "Sports assistant for disabled persons) in different countries.

Projecthomepage: <http://www.sportsfordisabled.org>

Project Contractor

Name: Associação de Paralisia Cerebral de Coimbra
City: Coimbra
Country/Region: Centro (P)
Country: PT-Portugal
Organization Type: association/non-governmental organisation
Homepage: <http://www.apc-coimbra.org.pt>

Contact Person

Name: Mario Verissimo
Address: Rua Garcia de Orta - Vale das Flores
City: Coimbra
Country: PT-Portugal
Telephone: +351 239792120
Fax: +351 239792129
E-mail: mario.verissimo@apc-coimbra.org.pt
Homepage:

Coordinator

Name: Associação de Paralisia Cerebral de Coimbra
City: Coimbra
Country/Region: Centro (P)
Country: PT-Portugal
Organization Type: association/non-governmental organisation
Homepage: <http://www.apc-coimbra.org.pt>

Contact Person

Name: Mario Verissimo
Address: Rua Garcia de Orta - Vale das Flores
City: Coimbra
Country: PT-Portugal
Telephone: +351 239792120
Fax: +351 239792129
E-mail: mario.verissimo@apc-coimbra.org.pt
Homepage:

Partner

Partner 1

Name: ADANA Egitim Gönüllüleri Dernei(Adana Volunteers of Education Association)
City: Adana
Country/Region: Adana
Country: TR-Turkey
Organization Type: association/non-governmental organisation
Homepage: <http://www.adanaegder.org>

Partner 2

Name: ADESPER
City: León
Country/Region: Castilla y León
Country: ES-Spain
Organization Type: association/non-governmental organisation
Homepage: <http://www.adesper.com>

Partner 3

Name: INFO CENTER
City:
Country/Region:
Country:
Organization Type: National Agency
Homepage:

Partner 4

Name: NOEMA CMI
City: Lohilahti
Country/Region: Etelä-Suomi
Country: FI-Finland
Organization Type: National Agency
Homepage:

Project Files

INGLES.pdf

<http://www.adam-europe.eu/prj/4017/prj/INGLES.pdf>

The Training Handbook - of Sports for Disabled

Products

- 1 Handbook Training

Product 'Handbook Training'

Title: Handbook Training

Product Type: program or curricula

Marketing Text: A training curricula to train different target groups (people with low qualifications, long term unemployed, young people, women, with problems facing the access and integration in the labour market), in the area of assistant for disabled people in sport activities.

Description: The Training Manual of "Sports for Disable" intend to train different target groups (people with low qualifications, long term unemployed, young people, women) in the area of supporting disabled people in sport activities.
The "Sports for Disable" Project intends to transfer and promote the incorporation of the training handbook "Sports assistant for disabled persons) in different countries.

Target group: Is for people with low qualifications. Sports assistants are for helping the disabled in many areas: sport and daily activities. The handbook gives the knowledge to understand sports with the disabled.

Result: Training Manual

Area of application: Trainers of sector activity; organisations developing / offering sport and leisure activities for disable persons, Local municipalities; training centres;

Homepage: <http://www.sportsfordisabled.org/>

Product Languages: Portuguese
Spanish
Turkish
English
Finnish
Bulgarian

Project Tags

The project belongs to the following group(s):

Best Projects (<http://www.adam-europe.eu/adam/thematicgroup/MMVII>)

Incl (<http://www.adam-europe.eu/adam/thematicgroup/INCL>)