

PEER TO PEER: A Route To Recovery Of People With Mental Illness Through Peer Support Training And Employment.

2013-1-ES1-LEO05-66277

Attendees:

Name of Delegate	Country	Organisation
Henar Conde	Spain	Fundación INTRAS
Sara M Isperto	Spain	Fundación INTRAS
Louise Christie	United Kingdom	Scottish Recovery Network
Lala Bono del Trigo	Spain	Escuela Andaluza de Salud Pública
Michaela Keita	Austria	Pro mente Obeösterreich
Ronald Oosterhof	Holland	Stichting Gek op Werk
Raluca Nica	Romania	Liga Romana pentru Sanatate Mintala
Louise Gaddi	United Kingdom	Scottish Qualifications Authority

Venue and timing:

SKYPE MEETING

Please add Sara M Isperto to your Skype account or send me your contact details:

Proyectos_saramispierto

Wednesday 30/07/2014 at 9:00 CEST

TIME	DURATION	THEME	RESPONSIBLE	EXPECTED RESULTS
09:00	5'	Connection and introduction of the meeting	INTRAS Foundation	Welcome attendees and introduction of the planned agenda.
09:05	20'	Review of the activities done and next activities planned.	All partners	Presentation of each partner's plans and activities carried out.
09:20	30'	Organization of the first piloting course. Review of the organization of local piloting courses.	INTRAS Foundation + All partners	Clarify the general structure (sessions, number of teachers, attendees, inclusion criteria, timing, etc.).
09:50	5'	Progress of the manual translation and first impression of the content.	All partners	Monitoring the process and identify potential issues.
09:55	10'	Other topics	All partners	
10:05	5'	Conclusions	INTRAS Foundation	
12:10	End of the meeting			

Main goals:

1- Review of the activities done and next activities planned.

2- Clarify questions about the application of methodology and have an overview on the organization of the first piloting course in each partners' countries.

After an overview of the activities already done and the next stage of the project, partners started to talk about the structure of the first **piloting course**.

It was agreed that:

- The timing of the training will be flexible and partners may have to adapt it to their realities.
- The training will follow the first draft of the manual, which is being translating now. In total it will be 50 hours course, distributed in 13 sessions of 4-5 hours. The number of attendees will be between 15-20 people with some history of mental health problems. They will be called from now on "candidates".

In Valladolid, **P0-INTRAS**, will produce some dissemination materials to find potential candidates, in addition to include users coming from its own facilities. In total around 15 people will attend the course, which will start at the end of September or beginning of October. Four trainers will carry out the session, in addition there will be two sessions conducted by two trainers with mental health challenges.

In the case of **P3-EASP**, the course will be carried out with the cooperation of "En Primera Persona" Andalusian Federation of Mental Health Users Associations and *SAPAME* mental health User association.

P4-MHC, commented have found some problems finding candidates whose could benefit from the course. They pointed out that the target group of MHC are people with severe mental health issues, which are not ready yet to attend a long training course. MHC is working with a Day Care Center to find suitable candidates, they are confident about it, and expect to have 20 attendees identified by the end of September. The first piloting course in their case, will start at the end of October.

P5-PROMENTE, plans to carry out the first piloting course last week of September, the schedule will be from 10:00 to 14:00 every day. Attendees will come from the different facilities of Promente and from a user association called "strada". Promente also worked with Strada on the need analysis. There is an Empowerment Center (<http://www.sli-ooe.at/?q=emc>) who also offers an education for Peer counselling. They were inviting to collaborate in the first or second piloting course.

P6-GOW, GOW is planning the first piloting course. They are selected attendees and plan to start the first course on October.

P7-LR, pointed out that their course will be for 25 people instead of just 20. Most of the people who participated in the need analysis were also interested in attending the course. No decided yet when the course will start, it is possible in middle October.

Partners agreed with **the quality of the manual**, although they pointed out the amount of information included. To prepare a single session trainers will have more than 30 pages; besides, the content is not always easy to understand and it makes more difficult the translation of the manual firstly and the preparation of sessions then.

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Loredana Tascau	Romania	Liga Romana pentru Sanatate Mintala

Venue and timing:

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Thursday 05/02/2015 at 12:00 CEST

TIME	DURATION	THEME	RESPONSIBLE	EXPECTED RESULTS
12:00	15'	Withdrawal of GOW and MHC	INTRAS Foundation	Clarify the situation of the consortium.
12:15	20'	New possibilities and plans for the future.	All partners	Feedback from partners about the new situation.
12:45	30'	Organization of the second piloting course.	INTRAS Foundation + All partners	Clarify the general structure (sessions, number of teachers, attendees, inclusion criteria, timing, etc.).
13:15	10'	Other topics	All partners	
13:25	5'	Conclusions	INTRAS Foundation	
13:30	End of the meeting			

Withdrawal of GOW and MHC

The situation of GOW was presented. Since GOW cannot continue collaborating in the project, there was a chance to find another partner in Rotterdam who worked close with GOW to continue with the piloting and the project there, but finally, it wasn't possible. GOW told us about the chance to set up a new company, but it was not possible either. So recently, GOW informed us that there is no way to continue collaborating in the project.

Then, MHC's situation was explained, all partners noticed in Netherland that MHC was not comfortable with the approach of the project and it was explained that MHC has finally decided to withdraw from the project.

New possibilities and plans for the future.

To face all these changes without putting the project in risk, it was decided to continue with the project plans, and that it will be the consortium who assumes the tasks firstly assigned to MHC and GOW. In regards to the tasks of GOW, INTRAS as coordinator partner and the lead of the dissemination WP will assume the exploitation one.

Partners commented that the new programme is very much focused in ICT-based methodologies and in the development of e-learning resources. One of the ideas was to use the remaining budget for developing a P2P online course. Partners agreed to elaborate it further. The idea of adapting P2P course to become an e-learning training was very well welcome by the Executive Board of Intras. Indeed, these last months, several people showed their interest in the course but they couldn't attend it because they were outside the city.

Organization of the second piloting course.

Discussion around the changes proposed for the second piloting in regards to session length, role playing, exercises and gathering feedback from the students. All partners agreed to continue identifying improvements during the second piloting course and send them to SRN and INTRAS.

Details about the second piloting were discussed and approved:

- Dates of the second piloting: 01/02/2015 – 15/05/2015
- Continue circulating questionnaires after each session.
- Gathering sheets per session.
- Recording the sessions to produce the final video.

Other topics:

REPORTING: The deadline for the next technical and financial report is on March, 30th.

NEWSLETTERS: Liga Romana is about to provide a new article for it.

FACEBOOK: A facebook profile was created: <https://www.facebook.com/recoverypeer2peer>

Partners agreed to contribute to it.

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Loredana Tascau	Romania	Liga Romana pentru Sanatate Mintala

Venue and timing:

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Wednesday 01/04/2015 at 9:00 CEST

TIME	DURATION	THEME	RESPONSIBLE	EXPECTED RESULTS
09:00	5'	Getting connected.	All partners	
12:15	15'	Organization of the meeting in Romania. Presentation of the meeting agenda.	All partners	Feedback from partners about the meeting in Romania. New ideas about the organization.
12:45	5'	Dissemination activities: Newsletters, didactic video, booklet, stakeholders map and facebook.	INTRAS Foundation + All partners	Share the development of the project in regards to dissemination.
13:15	10'	Other topics	All partners	
13:25	5'	Conclusions	INTRAS Foundation	
13:30	End of the meeting			

Organization of the meeting in Romania.

Since all partners will be meeting in Romania in a month, and that is the last meeting of the project, here the agenda of the meeting was discussed to be sure we go through all the necessary topics there.

Raluca explained that the meeting will take place in their headquarters and she has pre-booked room at the hotel Golden tulip Bucharest. Partners should confirm them and pay upon their stay.

Partners proposed to review the second piloting and to identify further amendments to the final teaching pack. Also another important topic identified must be to introduce the last version of the teaching pack which should be presented by SRN.

After the second piloting, partners agreed to focus on the dissemination and marketing of the project. There should be also a space in the agenda for those topics.

Dissemination activities: Newsletters, didactic video, booklet, stakeholders map and facebook.

- **Newsletter:** the content of the five newsletter was presented and discussed. Michaela and Raluca presented their articles. Deadline for translating it was set on March, 24th.
- **Videos for the didactic video:** Partners shared their impressions about the videos of the training course, about the background information and the interviews.
- **Stakeholders map:** Partners were reminder to update stakeholders list, and to use it to disseminate project outputs. (150 contacts per country.)
- **Facebook – LinkedIn:** Partners were reminder to like the Facebook page and join the LinkedIn group. They may also contribute to it. Some partners commented about the difficulties of Facebook. Louise commented that SRN does not use Facebook and the Communication team is opposed to using it so it would not be possible to post anything from SRN. She has a personal Facebook page but it will be problematic for her to overlap her personal profile with work.
- **Booklet:** First idea of the booklet was presented, partners agree to include quotes and statements from participants and to present the course in a very positive way. Intras will provide the first draft before the meeting, so we can review it together in Bucharest.

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Monday 13/07/2015 at 11:00 CEST

TIME	DURATION	THEME	RESPONSIBLE	EXPECTED RESULTS
11:00	5'	Get connected	INTRAS Foundation	
11:05	20'	Dissemination and marketing events from now to the end of the project.	All partners	Clarify all the events which need to be organized, and the evidences we need to gather. Set deadlines and gather feedback from partners.
11:25	10'	Other topics	All partners	
11:35	5'	Conclusions	INTRAS Foundation	
13:30	End of the meeting			

Dissemination and marketing events

The dissemination and marketing actions were discussed during this skype meeting.

1.- It was highlighted how important is to disseminate the project, and how the Agency will carefully look at our dissemination actions. The dissemination results were criticized at the time of the progress report so we must:

KEEP RECORDS OF EVERY ACTION WE MAKE in regards to the dissemination/marketing of the project.

USE THE DISSEMINATION TABLE provided.

Besides, we have produced very interesting results, so it will be worthily to disseminate them! Partners agreed to keep evidences and to provide them to INTRAS.

2.- A project Facebook page was created. Partners were reminded to keep it updated with all the dissemination actions and new products (booklet, roll up, conferences, etc..).

Partners agreed to update project Facebook page AT LEAST ONCE PER MONTH/COUNTRY. This is the page: <https://www.facebook.com/pages/Peer2peer/819944948079439>

3.- As we discussed in Bucharest, it was prepared a template to report dissemination/marketing events. It was introduced again. Partners were informed that they must PLAN THEIR EVENTS TAKING INTO ACCOUNT THE EVIDENCES REQUIRED to successfully report them to the agency.

Partners should:

- Participating in two networking events or conferences.
- Organizing 3 training demonstrations.
- Organizing 1 national exploitation seminar.

Partners should keep:

- Pictures (at least 4 per event)
- Dissemination materials used (poster, leaflet, invitations, rolled up,)
- Presentations (if you used it)
- Programme of the event.
- Press releases (if any)