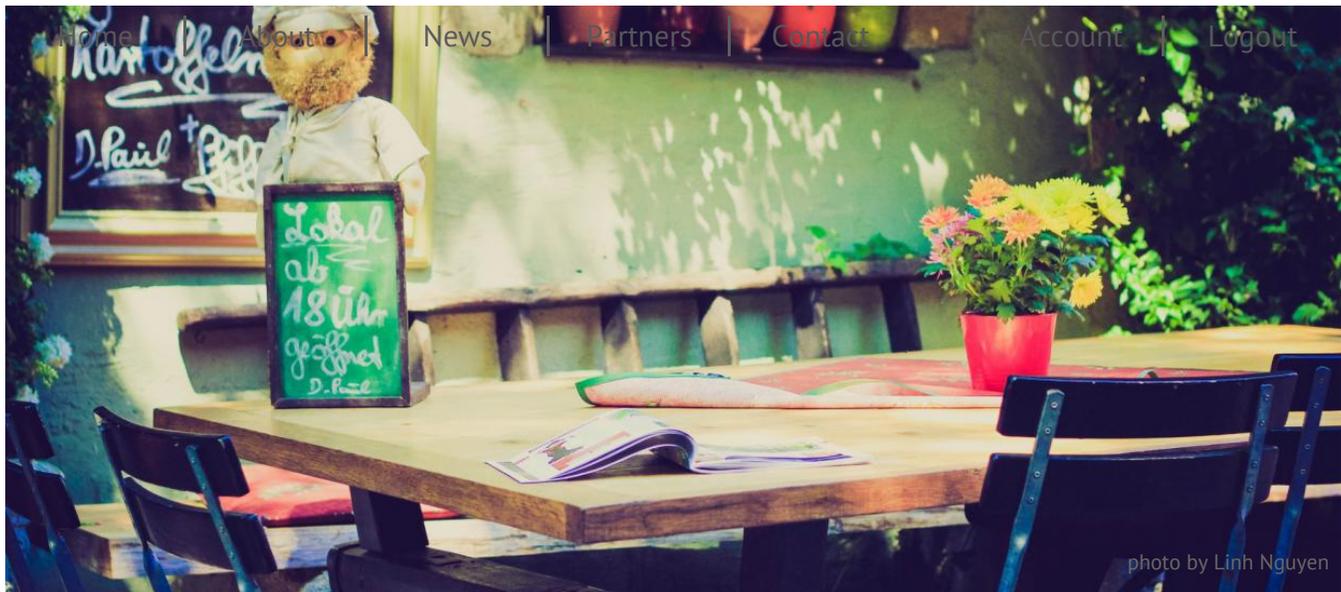


# Ready Steady Internship



Welcome Erna van der Werff

Ready

Steady

Internship

## Hospitality, tourism and leisure

You have read all about one or more of the sectors 'Hospitality, Tourism and Leisure', 'Business Administration', and 'Health and Social Care' which means you are Ready. You also know everything you need to know to prepare a good interview so we can definitely say you are Steady. Only thing that you need to do is find the Internship of your interest that suits your skills and expertise.

Find out which internships are available in your region and what the companies have to offer.

Save the company cards to you personal account and contact them for an interview.

Good luck!



Maldron Hotel

[Add to favourites](#)

Contact	Chiree Bowen, HR Manager
Address	Butcher Street, Derry reservations.derry@maldronhotels.com +44 2871371000 www.maldronhotelderry.com
Placements available	Food & Beverage, Kitchen staff, Sales & Marketing, Reception, Administration, Housekeeping
Company Background	The Maldron Hotel is the only hotel located within the Historic City Walls which makes it the perfect base to explore the city. They have great views of the Bogside & City Walls and with the City Centre Shops, Bars & Tourist Attractions are just on their doorstep. They have, onsite, the Walls Restaurant which overlooks the famous City Walls, the perfect setting for an evening meal or a relaxing breakfast. The Lyric Bar and Grill showcases the city's musical history in pictures which are adorned on each of the walls within this comfortable and friendly bar.



CityHotel

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Contact	Denise Irvine, HR Manager
Address	Queens Quay, Derry reservations@cityhotelderry.com +44 2871365800 www.cityhotelderry.com
Placements available	Food & Beverage, Kitchen staff, Sales & Marketing, Reception, Administration, Maintenance, Housekeeping, Porters, Leisure Attendants
Company Background	This 4 star hotel is situated on Queen's Quay, adjacent to the River Foyle, Peace Bridge and the Guildhall. Many of the rooms have excellent views across the river and the city. There are 158 guestrooms designed of contemporary styling. The hotel also has a Health & Fitness suite, Thompson's Restaurant & Coppin Bar. The hotel is a suitable venue for meetings and conferences and is a popular wedding venue.



## DW Fitness

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Contact	Grainne McCafferty, Chairperson
Address	Crescent Link Retail Park, Waterside, Londonderry 08442495345 <a href="http://www.dwfitnessclubs.com/club/londonderry">www.dwfitnessclubs.com/club/londonderry</a>
Placements available	Reception/Administration, Food & Beverage, Fitness Instructors, General Assistants, Retail Assistants
Company Background	Not just a gym! Offers state of the art and cutting edge fitness equipment, training and support from staff, swimming pool and group exercise studios which host a range of fitness classes including Insanity, Circuits, Pilates and Zumba. There is also a retail outlet and café/restaurant on site.



## RoCo

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Contact	Ronan Stewart/Conor Grant, Owners
Address	Waterloo Place, Derry (temporary location) <a href="mailto:appointments@rocohair.com">appointments@rocohair.com</a> +44 2871366333 <a href="http://www.rocohair.com">www.rocohair.com</a>
Placements available	Hairdressers, Stylists, Colourists, Front of House
Company Background	Created a five star haven delivering the highest standard of customer service, offering the latest services and styles of the season. Their mission is to create beautiful hair and educate people about the importance of caring for the environment and the creation of a sustainable future. RoCo have also developed their own product line. They have set up the RoCo Academy – an International Hair Academy, with educators teaching RoCo techniques around Europe.



Aaras Cholmcille Heritage Centre

[Add to favourites](#)

Contact	Aidan Lafferty, Manager
Address	59-61 Long Tower Street, Derry info@stcolumbaheritage.com +44 2871368491 www.stcolumbheritage.org
Placements available	Museum Assistant, Administration, Marketing, Education Liaison, Food & Beverage, Tourism & Culture
Company Background	Located in the restored listed school building in the grounds of the Long Tower Church, where many say the city was founded, the centre provides the opportunity to promote the shared history and heritage of St.Columba, the city's founding father. The Cherry Blossom Bakery is also on site.



### Café del Mondo

[Add to favourites](#)

Contact	Cathy Taylor, Proprietor
Address	Craft Village, Shipquay Street, Derry +44 2871366877 www.mycafedelmondo.com
Placements available	Food & Beverage, Kitchen Assistant
Company Background	Located in the Craft Village – operates as a café by day and restaurant in the evenings. It serves multicultural dishes, with a menu that changes regularly. It also hosts private functions and has regular events. The outdoor canopy makes it the ideal place for some Al Fresco dining in the city.



### Best Western – White Horse Hotel

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Contact	Ramona Wylie, HR/Finance Director
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Address	68 Clooney Road, Camspie, Londonderry reservations@whitehorsehotel.biz +44 287186 0606 www.whitehorsehotel.biz
Placements available	Food & Beverage, Kitchen Staff, Sales & Marketing, Reception, Administration, Housekeeping, Leisure Attendants
Company Background	Located only a few minutes from the city and close to the airport, this hotel is great location for visitors to the city. It is a 4 star hotel with 58 bedrooms. The hotel has 2 large function rooms, a state of the art lesire centre and swimming pool, Bistro & Grill and 68 Clooney Bar.



## Free Derry Museum

[Add to favourites](#)

Contact	Adrian Kerry, Manager
Address	55 Glenfada Park, Derry info@museumoffreederry.org +44 2871360880 www.museumoffreederry.org
Placements available	Museum Assistant, Administration, Marketing, Education Liasion, Food & Beverage, Tourism & Culture
Company Background	The museum is an archive focusing on one of the most important periods in history of the city; the civil rights era of the 1960s and the Free Derry and early troubles era of the 1970's. The museum tells the history through the point of view of the people who lived through and were most affected by events of that time. The archive boasts over 25,000 individual items. The location of the Museum is poignant as it is in the area close to the 'Battle of the Bogside' and main killing grounds of 'Bloody Sunday'.



## Sooty Olive

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Contact	Sean Harrigan, Head Chef/Owner
Address	162 Spencer Road, Waterside, Derry

+44 28 7186 0606  
www.thesootyolive.com

Placements available Food & Beverage, Front of House, Kitchen Staff

Company Background Provides diners with an atmosphere that is both intimate and buzzing. All food is sourced locally and cooked by the Head Chef and his team. The intention is that all customers leave happy, with the intention of returning. Critics have said the menu is comforting and exciting.

## THE Bentley Bar

Bentley Group

[Add to favourites](#)

Contact Ruari Breslin, Owner

Address 1-7 Market Street, Derry  
info@thebentleybar.com  
+44 2871279185  
www.thebentleybar.com

Placements available Food & Beverage, Kitchen staff, Chefs, Bar staff

Company Background This company has grown over the past couple of years with the opening of several restaurants, which have proved very popular with locals and visitors to the city, these include The Bentley Bar, The Bentley Wine Bar & Steakhouse, The Magnet Bar, Bistro 9, The Cosh Bar & Grill and the newest establishment, Slym Gyms.

[Add favourites](#)

*"I've always been interested in cooking and decided from a young age that I would like to work as a chef. I left school at 16 and went to the local vocational college to begin a qualification in catering. I really enjoyed the first year course as it taught me the basics required to work in a busy kitchen environment. The course was extremely practical and provided the opportunity to work one day a week in a restaurant. I'm now in my final year and work 4 days a week and spend one day in the college. I feel like my skills have developed significantly. I have learned a lot and draw on the experiences of the chefs I work with. Working in a busy kitchen environment can be extremely stressful, you have to be prepared to work long unsociable hours and you have to be prepared to start from the bottom and work your way up. I love to create new dishes, experiment with ingredients and enjoy learning about new techniques. When I complete my training I hope to find a full time position in a good restaurant and hopefully one day become head chef, perhaps even open my own restaurant!"*

Claire Smith, Trainee Chef



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### Contact

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