

Who are the DELAROSE partners?

The DELAROSE project partners include educational institutions involved in the training of health and social care professionals; service organisations that employ mental health and social care professionals and associations that represent the sector across Europe.

The partners are:

Waterford Institute of Technology,
(Ireland);



King's College, University of London
(United Kingdom);



The Karl Franzens University, Graz
(Austria);



University of Applied Sciences and
Arts of Southern Switzerland
(Switzerland);



The University of Lincoln, (United
Kingdom);



Cluain Training and Enterprise Cen-
tre (Ireland);



Pro mente steiermark GmbH
(Austria);



The European Association of Service
Providers for People with Disabilities
(Belgium)



The National Federation of Voluntary Bodies
(Ireland);

NATIONAL FEDERATION OF VOLUNTARY BODIES

Providing Services to People with Intellectual Disability

When is the DELAROSE scheduled to start?

The DELAROSE certified programme is
scheduled to be available from January 2015.

The programme will be available through
Waterford Institute of Technology,
University of Switzerland and University Graz.

For further information about DELAROSE
contact the DELAROSE partners via e-mail at
www.delarose-project.eu



DELAROSE TEAM



THE DELAROSE PROGRAMME



What is DELAROSE?

DELAROSE stands for Delivering E Learning Accreditation to Reduce Occupational Stress in Employment. It is a new Transfer of Innovation Project funded by the European Union. It builds upon a previous open source online self-help programme called ROSE (Reducing Occupational Stress in Employment) for workers in the health and social care sectors in Europe.

ROSE aims to help workers manage their own work related stress and to provide information and tools to workers and service managers to help them to create a less stressful working environment. The **DELAROSE** programme will add further content to the ROSE programme and also give the opportunity to learners who so wish to gain ECVET and ECT credit for completion of the programme with one of three higher education institutions in Ireland, Switzerland or Austria.



When will DELAROSE Start?

The **DELAROSE** project formally began on November 1st, 2013 with a launch meeting taking place in Dublin on November 8th, 2013. The project will run for two years, finishing at the end of October, 2015, when the full online **DELAROSE** programme will be launched. During the course of the two years a pilot **DELAROSE** programme will be tested and the partners will be seeking volunteers to try to participate in the test. This will occur in May 2015.

Further information about **DELAROSE** can be found at www.delarose-project.eu



Why is the DELAROSE programme necessary?

According to the European Agency for Health and Safety at work stress is the second most reported work-related health problem in Europe. Health and social care professionals suffer from significant amounts of work related stress leading to what is often termed 'burnout'. The ROSE self-help programme was established in 2010 in recognition of the need to support workers in the health and social care fields to manage their own stress and thereby improve their health.

However, many people who have used the ROSE website have contacted the partners and indicated that they would like to receive recognition/ educational credits for their learning and the work they have done when using the ROSE website (for example the reading and exercises that the website encourages users to do).

How will the DELAROSE programme work?

The content of **DELAROSE**, just like that of ROSE, will remain an open access online programme which anyone can consult.

However, the programme will provide an opportunity for those who want their learning to be formally recognised to register with one of three academic institutions to have their learning assessed and given an award for their learning. The credits for this award will be based on the European Credit for Vocational Education and Training (ECVET) scheme.

To facilitate learner mobility, both educational and work related, across Europe, the **DELAROSE** programme will develop an ECVET equivalency with the European Credit Transfer Scheme, which is used by most Higher Education Institutions (HEIs) in Europe. Each of the three HEIs involved in assessment of **DELAROSE** student learning will recognise the credits earned by these students if they decide to apply for programmes of learning in anyone of the other two.

