



Assessment instruments – transversal competences

Self-evaluation transversal competences

Personal competences

Students name:

Date of internship:

Ability to reach the own goals in a different cultural surrounding

Based on EU - KOMPASS – project

	Ability to act in a larger context				Ability to realize one's own initiative and goal				Ability to comply with limits and defend others			
	I can sense cultural and social conditions and compare them with my own experiences.				I can organize my own day and budget, keep appointments, comply with agreements				I can estimate my own strengths and weaknesses in other social and cultural surroundings in a realistic way.			
please tick	++	+	+ -	-	++	+	+ -	-	++	+	+ -	-
	I can comply with set rules and directives while working on tasks.				I can independently carry out complex tasks (e.g. doctor's visit, authorities, bank businesses, rental matters).				I can respect different behavioral patterns and work procedures.			
please tick	++	+	+ -	-	++	+	+ -	-	++	+	+ -	-
	I can use gathered knowledge of cultural and social conditions for solving problems and setting tasks.				I can take the initiative; react flexibly to unforeseeable situations and evaluate options for action.				I can align and use my strengths and weaknesses in a new surrounding in a variable way.			
please tick	++	+	+ -	-	++	+	+ -	-	++	+	+ -	-





	Ability to act in a larger context				Ability to realize one's own initiative and goal				Ability to comply with limits and defend others			
	I am interested in the proposed duties and activities, asking for details, making inquiries and proposing new ideas to improve them.				I am able to search and collect information about personal and professional areas of interest and to apply them properly				I can defend my positions, accept other opinions, adequately react in conflict situations and make compromises.			
please tick	++	+	+ -	-	++	+	+ -	-	++	+	+ -	-
	I can recognize where work has to be done.				I am able to fulfill tasks within set time frames.							
please tick	++	+	+ -	-	++	+	+ -	-	++	+	+ -	-



This project has been funded with support from the European Commission. This publication reflects the views only of the author, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

