

H-CoDe Newsletter

Competence Development in Health Precaution for
disadvantaged target groups and teachers/trainers in adult
education and qualification

1/31/2014

No 1

Summary of the project

A project for health precaution of long-term unemployed and their trainers

H-CoDe (Health COmpetence DEvelopment) is based on the experiences of the Grundtvig-Multilateral Project “50Fit – Employability and health precaution for long-term unemployed people 50 plus.” Identified reasons of unemployment and barriers for the (re-)entering to the labour market are various health problems. The H-CoDe

groups. The central importance of health prevention strategy will be defined as a cross-generational issue of an inclusive labour market policy to address demographic change. Due to demographic change there are more goals that go beyond the results and recommendations from 50Fit (www.rein-network.eu/50-fit).

H-Code will give a sustainable answer to the requirements of the new European labour market facing demographic challenges and as part of their new social inclusion objectives in the EU-strategy 2014-2020.

consortium resumed, that there is a lack of relevant experience, methods and curricula regarding other disadvantaged groups like young unemployed, woman, disabled and migrants e.g.. Longterm unemployment and social exclusion lead very often despite favourable conditions and sufficient personal skills to impaired health conditions and demotivation for work. The holistic approach of the developed instruments and curricula of 50Fit now shall be adapted to these “new” target

H-CoDe produces and adapts test curricula and different training methods for health precaution training for several groups of disadvantaged persons on the labour market. To improve the quality of the training also special guidelines and training modules for trainer are adapted and tested. These will include a competence profile of adult trainers according to European standards (EQF-level). That's why the consortium will develop and implement also a test and



The project



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Lifelong Learning Programme

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certifying system for the trainer on European level.

At least the consortium will develop common general guidelines for health precaution training for unemployed people for all professional stakeholder in adult training and labour market policy in general as well as recommendation for the cross-generational issue of an inclusive

labour market policy to address demographic change.

The envisaged impact is the general consideration of the importance of health precaution training in adult training in a certified way on European level, the improvement of the training methods and the better success by the integration of unemployed from disadvantaged groups in the labour market.

Objectives reached and website

What has been done and what are the next steps?

Our team prepared during the first two meetings in Marburg/Germany and Barcelona/Spain the following documents which are downloadable from our website:

1. The website www.h-code.eu
2. The logo for the project
3. Project structure plan with all steps, milestones, objectives and responsibilities
4. Dissemination plan
5. Templates for the leaflet and the newsletter
6. Ways of communication and responsibilities for the development of the different parts of the curriculum
7. Introduction into the curriculum development: Central ideas, objectives, methods, etc.
8. Development of 7 modules for the reference curriculum of H-CoDe

Our team in Sofia:



We would like to invite you on our website www.h-code.eu and Facebook under

“H-CoDe”

The partners



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