

The project consists in the transfer of a French innovative short training course to four EU countries. The objective is to provide basic competencies and skills to any professional, directly in touch with people with Autistic Spectrum Disorder (ASD) or requiring quickly basic knowledge and know-how.

### INNOVATIVE DIMENSION OF THE COURSE

HIPE course allows any professional to quickly acquire the basic competences to better understand people with ASD and interact and care more effectively. This innovative approach integrates family dimension and relation to other professionals.

The validated course takes place over 4 days maximum. It is based on a competencies' approach (ECVET process) and on professional practices. Final HIPE course focuses on :

- a better understanding of the different aspects of autism
- a tailor-made process to improve the care given to people with ASD
- a better communication capacity in the interaction with ASD people
- the possibility to develop cooperation between parents and professionals

## CONSORTIUM

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**HELP FOR  
INSTANT  
PROFESSIONAL  
EFFICIENCY  
FOR ASD**

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**LEONARDO TRANSFER OF INNOVATION**  
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According to a large scientific study commissioned by the French Ministry of Health and transferable on a European scale, the prevalence rate is increasing, that is to say one child out of 150 has ASD. We can estimate that there are between 2 702 000 and 4 632 000 people with Autism Spectrum Disorder (ASD) in the broadest sense of the word in the EU.

All professionals in the fields of education, social, health-care or enterprises must therefore acquire cognitive and key behavioural skills in order to be able to deal directly with this public who is more and more integrated in a normal social life.

Except for a very basic training provided to some social and health-care professionals, other already existing trainings in Universities are long-term trainings. Others, from the private sector, are costly. Furthermore, the content of those trainings is more often theoretical and not up-to-date, whereas approaches in terms of care arrangements for people with ASD constantly evolve with regards to practices and experiences of professionals working daily with this public.

The short course created by SESAME AUTISME LANGUEDOC is relevant and responds to those needs. It has been successfully transferred to the partners' countries.

## OUR ACHIEVEMENTS

- A relevant response to the need of personalised and individualised care of ASD people according to the European recommendations
- A short course (2 to 4 days) validated by experts including exchanges of practices. This course enables any field professional to get the required competencies about the disorder specificities, how to interact and to intervene, improving the professional efficiency
- The capacity to share a common culture amongst professionals from the same territory (social, education, medical and enterprise fields) for a better inclusion and a better quality service
- The improvement of the accompaniment of people with ASD and their family by combining educational, pedagogical and therapeutic interventions for a better social participation and an improved well-being

## HIPE4ASD A BROAD IMPACT

126 professionals from the 5 partners' countries have been trained and evaluated in the testing phase in the following categories :

- Education Staff (teachers)
- Social workers, Educators
- Health Staff
- General Services (cooking, security, maintenance, transportation...)
- Enterprises (job placement, professional coaching, direct management)

## HIPE4ASD

### QUALITATIVE COURSE AND TOOLS

Trainees from the tests confirm the adequacy of the course to their daily needs with a majority highlighting concreteness as a key feature of the course. They are satisfied in terms of acquired competencies.

## HIPE4ASD AN EFFICIENT AND IMMEDIATE RESPONSE

The consortium has delivered the expected short course and related evaluation tools and procedures bringing to any targeted professional the requested competencies, in accordance with the validated European Framework of references.