



MYSMYP NEWS

My Strengths My Possibilities



Disabled people represent a major component of economic inactivity not only in Europe but also in the world. Employment is beneficial to health and is the best protection against social exclusion. The unemployment rate among disabled people is still much higher than the average in all countries. There is an urgent need to increase the effectiveness of public, private and NGO employment support in practice.

"MYSMYP- My Strengths My Possibilities" Project will develop a new approach to the employment by the tests applied to the disabled as well as the contribution of the evaluation of these mentioned tests.

For more details please see next page.

2014

Welcome to MYSMYP!

If you are working as a manager in a private sector organization supporting disabled people into work and want to contribute more to the employment of the disabled, then you may find **MYSMYP** project helpful.

In the current issue, you will find brief information about our project. Please visit our web site for more information

<http://www.mysmyp.eu/>

Partnership with complementary skills and international reach

MYSMYP was developed by a partnership that involves both rehabilitation and education organisations in different regions of Europe: Turkey, Austria, Spain and Slovenia.

The partners have complementary skills in education, rehabilitation, research, consultation, ICT, training and management and represent Government, Education, NGOs and the Private sectors.

The Partnership consists of four organizations led by Docete Omnes Foundation- from Spain. Other partners are:

- Karriere Club (KC) from Austria
- Konya Provincial National Education Directorate (KPNED) from Turkey
- University Rehabilitation Institute Republic of Slovenia
- Docete Omnes Foundation Spain

Further information on the partners at our website:

<http://www.mysmyp.eu/>



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MYSMYP approach – The more the disabled employees are skilful, the more of them are in the job.

In the MYSMYP project, we are revising and transferring a testing programme for the disabled people from Austria to Spain, Turkey and Slovenia .

There are many measures at European level to promote the inclusion of people with disabilities and social problems in the labor market. There are numerous companies, special employment centers that promote the employability of people with disabilities. These young people have programs of employment support with an orientation service in their schools that provide them social support for job search and accompany them in the process.

Through the project My Strengths My Possibilities, we have designed a test that helps young people to improve their skills through a series of questions that encourage their cognitive training, it also helps to define their professional interests, and personality according to the tasks carried out in each job and the places in which each activity occurs. This assessment helps companies to select the most suitable worker for every position/job as the assessment is not limited to assess their interests but makes the participant to be aware of the activities that will develop in each position/job.

So this "assessment" provides benefits for participants, because it trains their cognitive skills, math skills, visual memory ... all useful transverse competences to develop any work.

The benefits are also useful for practitioners and organizations that work with groups at risk of exclusion (people with disabilities, people with social problems ...) because it is a very useful tool to diagnose what are the strengths of the participant to enter in the labour market and what are the weaknesses of the participants on which the counsellor should work on.

The assessment is very beneficial for businesses because participants are extensively trained on the activities required for the job and the workplace in which they will develop their activity, because once the test is finished the counsellors/practitioners/Specialists in Employment with Support work with participants on the points to be defined and reinforced for their integration into the workplace.